

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

## Active and Healthy Program - Request for Proposal

\* indicates a required field

### Active and Healthy Program Information

Are you passionate about helping the community? Do you want to deliver activities that make a difference to the health and wellbeing of people living in Logan?

Logan City Council's [Active and Healthy program](#) provides Logan residents with a range of local and affordable activities. The program's focus is on delivering low-cost health and wellbeing activities in Council parks and community facilities.

Successful activities will be delivered between 1 July 2023 to 30 June 2024. There will be a four week break from Monday 11 December 2023 to Sunday 7 January 2024. Activities are not delivered on public holidays.

**Please ensure you have read the ['Request for Proposal' information sheet](#) prior to submitting an application.**

**You can submit an application for as many different activities as you'd like to deliver; however, it's important to note, you can only add up to 8 activities per application. If you have more than 8 activities to submit, you'll need to put in a separate application form.**

Applications close on Sunday 12 February 2023. We'll be in touch if you are successful by 28 April 2023.

**Have you read the 'Request for Proposal' information sheet? \***

- Yes
- No

Please read the information sheet and select 'yes' in order to continue.

**Please ensure you read the ['Request for Proposal' information sheet](#) before completing your application.**

### Business Information

\* indicates a required field

**Name of business/organisation \***

Organisation Name

**ABN \***

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The ABN provided will be used to look up the following information. Click Lookup above to check that you have entered the ABN correctly.

Information from the Australian Business Register	
ABN	
Entity name	
ABN status	
Entity type	
Goods & Services Tax (GST)	
DGR Endorsed	
ATO Charity Type	<a href="#">More information</a>
ACNC Registration	
Tax Concessions	
Main business location	

Must be an ABN.

## Applicants name \*

Organisation Name

## Applicants role in the organisation \*

## Applicants Phone Number \*

Must be an Australian phone number.  
Please include area code.

## Applicants Email address \*

Must be an email address.

## Street Address \*

Address

  

Address Line 1, Suburb/Town, State/Province, and Postcode are required. Country must be Australia

## Mailing Address \*

Address

  

Address Line 1, Suburb/Town, State/Province, and Postcode are required. Country must be Australia

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## Business/Organisation Website

Must be a URL.

## Business/Organisation Social Media Page

## Proposed Activity Information - Activity 1

\* indicates a required field

### Activity Outline

#### What is the name of your activity? \*

Note: Activity name may be changed if successful.

#### Please describe your activity: \*

Word count:

Must be at least 20 words.

#### Would you describe this activity as gentle/low intensity - suitable for seniors, expectant mothers or those with injury? \*

- Yes
- No
- Not applicable

#### What are the benefits of this activity for Logan residents? \*

Word count:

Must be at least 20 words.

Why is this activity needed in Logan?

#### Which category does this activity best align with? \*

- Fitness
- Health and wellbeing
- Sport, recreation and outdoors
- Stretch and move

Activities may be suitable for multiple categories, however, please choose which category is most reflective of this activity.

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**Is this activity a cooking class? \***

- Yes
- No

## Activity Delivery

**What format is this activity delivered in? \***

- In person
- Online

**Is this activity for a particular age group? \***

- Yes
- No (all ages)

E.g. children, over 50's, youth (12-17 years)

**Please specify what age group this activity is for? \***

**Is there a minimum or maximum age that can attend? \***

E.g. participants may need to be a minimum of 12 years of age to take part safely.

**What is the maximum number of participants that can attend each session? \***

Must be a number.  
Please keep in mind venue capacity and safe ratio of participants to facilitator.

**How long will this activity run per session? \***

The length of time your activity will take to be delivered e.g. 1 hour.

**What is your preferred time of day to deliver this activity? \***

Please indicate an idea of time e.g. 9am or if flexible: mid-morning.

**Would you be able to deliver this activity outside of standard business hours? \***

- Yes, before 9am
- Yes, after 5pm
- Available on weekends
- No, unable to deliver outside of business hours
- Other:

Please select all that apply.

**How often will this activity be delivered? \***

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E.g. Is your activity a one-off cooking workshop or a weekly bootcamp activity that occurs every Thursday?

**What day/s of the week would you be able to deliver this activity? \***

Mondays  Tuesdays  Wednesdays  Thursdays  Fridays  Saturdays  Sundays

Please select all that apply.

**Will this activity be delivered during the school holidays? \***

Yes  No

Providers are able to decide if their activity will continue to be delivered during school holidays.

**What date/s will this activity be delivered? \***

Please outline specific activity date/s between 1 July 2023 and 30 June 2024.

**Please specify: \***

Please outline when your activity would be delivered.

**Is this activity already being delivered in the community? \***

Yes  No

**Is the activity already being delivered happening at the same day, time and location as requested above in your application? \***

Yes  No

**Does the existing activity currently receive funding for delivery? \***

Yes  No

**Please provide more information as to why this existing activity requires Active and Healthy funding: \***

## Cooking Class Delivery

If you are delivering a cooking or nutrition class, it is important for us to understand more about your classes and what is involved in their delivery.

Please note that cooking class messaging should align with the [Australian Dietary Guidelines](#).

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

**Please describe what is involved in the delivery of your sessions, including set up and delivery: \***

Please ensure you describe the set-up, menu/recipes, preparation time etc.

**If you are delivering a cooking class, how will your activity be delivered? \***

- Demonstration
- Group activity (shared cooking)
- Hands-on class (each participant cooks their own meal)

**Please upload a sample menu (optional):**

Attach a file:

This will assist in providing us with a better understanding of your activity.

## Qualifications

**Are you delivering this activity as an Allied Health Professional? \***

- Yes
- No

**What experience or qualifications do you have to deliver this activity? \***

**Please attach a copy of your relevant qualifications for this activity (if relevant)**

Attach a file:

**How does your qualification as an Allied Health Professional assist in the facilitation of this activity? \***

**Please upload a copy of your allied health qualifications: \***

Attach a file:

## Activity Location

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

The Active and Healthy program is a Logan City Council funded program. The program gives preference to the use of our [parks](#) and community facilities. Activities delivered in a [Council Community Centre](#) or community facility may be eligible to have venue hire costs reimbursed if a [Council park](#) is not a suitable option for activity delivery. **It is important to note that no venue hire will be paid for activities delivered in your place of business.**

Activities must be delivered within the City of Logan. A map of Logan City can be found [here](#).

Locations may be negotiated with you to ensure an even spread of activities across the City. The more flexible you are with activity locations, the better.

Activity delivery locations and any associated venue hire costs will be negotiated with the Community Programming Officer. If you are requesting venue hire, you may be required to provide proof of venue hire costs if your application progresses.

**Please note, it is solely your responsibility to make all relevant bookings in local parks and venues, should you be successful and this will be communicated to you on successful application.**

**Do you have a park, community centre, or venue in mind to deliver this activity? \***

- Yes
- No

**What is the name of the park/venue? \***

**What is the address of the park/venue? \***

Address

  

Address Line 1, Suburb/Town, State/Province, and Postcode are required.

**Have you checked if this park/venue is available and suitable for your proposed activity? \***

- Yes
- No

You will be responsible for all aspects of organising this location/venue including payment and bookings, if your activity is successful.

**Is venue hire applicable? (Please don't include pool hire here) \***

- Yes
- No

Please note: there are no venue hire costs associated with delivery of an activity at a Council park.

**Are there pool hire costs to deliver this activity? \***

- Yes
- No

**Would you be willing to deliver this activity in an alternative location/venue? If so, please select all that apply: \***

- Yes, I can deliver this activity in a Council park
- Yes, I can deliver this activity in a community centre or facility
- No, the delivery location of this activity is not flexible

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Other:

## What suburbs of Logan are you willing to service? \*

- |   |   |  |   |
|---|---|--|---|
| <input type="checkbox"/> All suburbs in Logan | <input type="checkbox"/> Eagleby        | <input type="checkbox"/> Loganlea                | <input type="checkbox"/> Silverbark Ridge |
| <input type="checkbox"/> Bahrs Scrub          | <input type="checkbox"/> Edens Landing  | <input type="checkbox"/> Lyons                   | <input type="checkbox"/> Slacks Creek     |
| <input type="checkbox"/> Bannockburn          | <input type="checkbox"/> Flagstone      | <input type="checkbox"/> Maclean (North & South) | <input type="checkbox"/> Springwood       |
| <input type="checkbox"/> Beenleigh            | <input type="checkbox"/> Flinders Lakes | <input type="checkbox"/> Marsden                 | <input type="checkbox"/> Stockleigh       |
| <input type="checkbox"/> Belivah              | <input type="checkbox"/> Forestdale     | <input type="checkbox"/> Meadowbrook             | <input type="checkbox"/> Tamborine        |
| <input type="checkbox"/> Berrinba             | <input type="checkbox"/> Glenlogan      | <input type="checkbox"/> Monarch Glen            | <input type="checkbox"/> Tanah Merah      |
| <input type="checkbox"/> Bethania             | <input type="checkbox"/> Greenbank      | <input type="checkbox"/> Mount Warren Park       | <input type="checkbox"/> Underwood        |
| <input type="checkbox"/> Boronia Heights      | <input type="checkbox"/> Heritage Park  | <input type="checkbox"/> Mundoolun               | <input type="checkbox"/> Undullah         |
| <input type="checkbox"/> Browns Plains        | <input type="checkbox"/> Hillcrest      | <input type="checkbox"/> Munruben                | <input type="checkbox"/> Veresdale        |
| <input type="checkbox"/> Buccan               | <input type="checkbox"/> Holmview       | <input type="checkbox"/> New Beith               | <input type="checkbox"/> Veresdale Scrub  |
| <input type="checkbox"/> Carbrook             | <input type="checkbox"/> Jimboomba      | <input type="checkbox"/> Park Ridge              | <input type="checkbox"/> Waterford        |
| <input type="checkbox"/> Cedar Creek          | <input type="checkbox"/> Kagaru         | <input type="checkbox"/> Park Ridge South        | <input type="checkbox"/> Waterford West   |
| <input type="checkbox"/> Cedar Grove          | <input type="checkbox"/> Kairabah       | <input type="checkbox"/> Priestdale              | <input type="checkbox"/> Windaroo         |
| <input type="checkbox"/> Cedar Vale           | <input type="checkbox"/> Kingston       | <input type="checkbox"/> Regents Park            | <input type="checkbox"/> Wolffdene        |
| <input type="checkbox"/> Chambers Flat        | <input type="checkbox"/> Logan Central  | <input type="checkbox"/> Riverbend               | <input type="checkbox"/> Woodhill         |
| <input type="checkbox"/> Cornubia             | <input type="checkbox"/> Logan Reserve  | <input type="checkbox"/> Rochedale South         | <input type="checkbox"/> Woodridge        |
| <input type="checkbox"/> Crestmead            | <input type="checkbox"/> Logan Village  | <input type="checkbox"/> Shailer Park            | <input type="checkbox"/> Yarrabilba       |
| <input type="checkbox"/> Daisy Hill           | <input type="checkbox"/> Loganholme     |  |   |

## When looking at location options for your activity, please specify the following: \*

- I can deliver this activity in a Council park  
 I can deliver this activity in a community centre or facility  
 Other:

## Do you have any specific venue/location requirements for the delivery of your activity?

## Activity Costs

### Participant Fees

A small fee can be charged to participants at each activity. These participant fees are collected and retained by you, as the provider. If you'd prefer not to accept money from participants the activity can be listed as 'free'.

Please consider the benefits to the community of providing a free or low-cost class and choose the smallest participant fee possible to help reduce barriers to participation.

It is important to note, \$5 per person is the maximum amount that can be charged to participants.



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**What will the cost be for participants to attend your activity? \***

- Free (no cost)
- \$1
- \$2
- \$3
- \$4
- \$5

**Please explain why the activity costs differ: \***

**Service Provider Funding**

Service provider funding of up to \$60 per hour is available for activities delivered in the Active and Healthy program. More detailed information about the [program funding, including FAQ's, can be found here.](#)

Value for money is an important consideration when programming Active and Healthy activities. Please consider the potential funds obtained by collecting participant fees for your activity, and what hourly service provider rate you require to deliver your activity.

Please be advised that the provider fee paid is reflective of the activity delivery time. For example, you may opt to be paid \$40/hour, but only deliver a 30 minute activity. You would therefore receive a \$20 service provider fee for the 30 minute activity.

**What hourly service provider rate would you need to be reimbursed in order to successfully deliver your activity: \***

- \$20/hour
- \$30/hour
- \$40/hour
- \$50/hour
- \$60/hour

\$60 per hour is the maximum service provider fee available

**Please provide a justification for the rate you have requested:**

Ensure you consider value for money and the funds collected from participant fees when deciding an hourly service provider rate.

**Do you require payment of the Allied Health subsidy (an additional \$10/hr for your activity in addition to your service provider fee) in order to deliver your activity? \***

- Yes
- No

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## Cooking Class - Cost Breakdown

To enable the delivery of cooking workshops, additional funding may be provided for consumables associated with your cooking class delivery. Items that may be funded include cooking ingredients, pantry essentials and consumable items including things such as paper towel and alfoil.

Please provide a detailed cost breakdown of any expenses you are requesting to be funded. Please ensure this cost breakdown is for one cooking class session. **Please do not include in-kind expenses in this cost breakdown.**

Please note, you may be required to show proof of consumable costs if your application progresses.

Expenses	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$

## Venue Hire Costs

What is the hourly rate to hire your preferred venue?

Must be a dollar amount.

Please be aware that you may be required to provide a quote for venue hire costs if your application is successful.

## Pool Hire - Cost Breakdown

To enable the delivery of activities requiring the use of a pool, additional funding may be provided to cover pool hire costs.

**Please provide a detailed cost breakdown of any expenses you are requesting to be funded. Please ensure this cost breakdown is reflective of the costs for one activity session (e.g. 1 hour class). Please do not include in-kind expenses in this cost breakdown.**

Please note, you may be required to show proof of pool hire costs if your application progresses.

Expenses	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

## Access and Inclusion

Logan City Council are committed to ensuring that people of all abilities and backgrounds are able to fulfil their potential in the City of Logan.

Providers are expected to ensure activities are accessible and inclusive wherever possible.

### **How will you ensure this activity is accessible and inclusive of the wider Logan community? \***

#### **Word count:**

This includes accessible classes for those with disability (visible and non-visible), and inclusive of those from diverse cultural backgrounds and our First Nations People.

## Booking Information

Activity contact information will be displayed to the general public for successful providers in the Active and Healthy booklet and as part of the wider marketing campaign. The information provided will consist of:

- trading name
- contact number
- email address
- booking webpage link (if relevant)

It is recommended you provide both a phone number and email address, however, if you would only like to provide one form of contact, please specify this below.

This contact information will be provided for all activities, whether or not bookings are required.

If bookings are required, please indicate below so we can ensure this is specified with your activity details.

### **Are bookings required for your activity? \***

- Yes  
 No

If bookings are not required, it is assumed that participants can show up on the day and partake in the activity

### **Please provide the email address for general public information and bookings:**

Must be an email address.

### **Please provide the phone number for general public information and bookings:**

Must be an Australian phone number.

### **If participants are able to book via a website, please provide a link:**

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Must be a URL.

**Are participants required to bring anything to the activity? If so, please specify: \***

## Activity Promotion

If successful, we will promote your activity in our Active and Healthy booklet and as part of our wider marketing campaign.

However, as the provider, you are ultimately responsible for the promotion and success of your individual activity/s. Activities which consistently have low or no attendance after a three month period may be removed from the program.

**What steps will you take to promote this activity to ensure success? \***

## Other Activity Information

**If there is any information about your activity that hasn't been covered above, please outline here:**

**Would you like to apply for another activity? \***

- Yes
- No

## Proposed Activity Information - Activity 2

\* indicates a required field

### Activity Outline

**What is the name of your activity? \***

Note: Activity name may be changed if successful.

**Please describe your activity: \***

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Word count:  
Must be at least 20 words.

**Would you describe this activity as gentle/low intensity - suitable for seniors, expectant mothers or those with injury? \***

- Yes
- No
- Not applicable

**What are the benefits of this activity for Logan residents? \***

Word count:  
Must be at least 20 words.  
Why is this activity needed in Logan?

**Which category does this activity best align with? \***

- Fitness
- Health and wellbeing
- Sport, recreation and outdoors
- Stretch and move

**Is this activity a cooking class? \***

- Yes
- No

## Activity Delivery

**What format is this activity delivered in? \***

- In person
- Online

**Is this activity for a particular age group? \***

- Yes
- No (all ages)

E.g. children, over 50's, youth (12-17 years)

**Please specify what age group this activity is for? \***

**Is there a minimum or maximum age that can attend? \***

E.g. participants may need to be a minimum of 12 years of age to take part safely.

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**What is the maximum number of participants that can attend each session? \***

Must be a number.  
Please keep in mind venue capacity and safe ratio of participants to facilitator.

**How long will this activity run per session? \***

The length of time your activity will take to be delivered e.g. 1 hour.

**What is your preferred time of day to deliver this activity? \***

Please indicate an idea of time e.g. 9am or if flexible: mid-morning.

**Would you be able to deliver this activity outside of standard business hours? \***

- Yes, before 9am
- Yes, after 5pm
- Available on weekends
- No, unable to deliver outside of business hours
- Other:

Please select all that apply.

**How often will this activity be delivered? \***

E.g. Is your activity a one-off cooking workshop or a weekly bootcamp activity that occurs every Thursday?

**What day/s of the week would you be able to deliver this activity? \***

- Mondays
- Tuesdays
- Wednesdays
- Thursdays
- Fridays
- Saturdays
- Sundays

Please select all that apply.

**Will this activity be delivered during the school holidays? \***

- Yes
- No

Providers are able to decide if their activity will continue to be delivered during school holidays.

**What date/s will this activity be delivered? \***

Please outline specific activity date/s between 1 July 2023 and 30 June 2024.

**Please specify: \***

Please outline when your activity would be delivered.

**Is this activity already being delivered in the community? \***

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Yes

No

**Is the activity already being delivered happening at the same day, time and location as requested above in your application? \***

Yes

No

**Does the existing activity currently receive funding for delivery? \***

Yes

No

**Please provide more information as to why this existing activity requires Active and Healthy funding: \***

## Cooking Class Delivery

If you are delivering a cooking or nutrition class, it is important for us to understand more about your classes and what is involved in their delivery.

Please note that wherever possible, class messaging should align with the [Australian Dietary Guidelines](#).

**Please describe what is involved in the delivery of your sessions, including set up and delivery: \***

Please ensure you describe the set-up, menu/recipes, preparation time etc.

**If you are delivering a cooking class, how will your activity be delivered? \***

- Demonstration
- Group activity (shared cooking)
- Hands-on class (each participant cooks their own meal)

**Please upload a sample menu (optional):**

Attach a file:

This will assist in providing us with a better understanding of your activity.

## Qualifications

**Are you delivering this activity as an Allied Health Professional? \***

- Yes
- No

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

**What experience or qualifications do you have to deliver this activity? \***

**Please attach a copy of your relevant qualifications for this activity (if relevant)**

Attach a file:

**How does your qualification as an Allied Health Professional assist in the facilitation of this activity? \***

**Please upload a copy of your allied health qualifications: \***

Attach a file:

## Activity Location

The Active and Healthy program is a Logan City Council funded program. The program gives preference to the use of our [parks](#) and community facilities. Activities delivered in a [Council Community Centre](#) or community facility may be eligible to have venue hire costs reimbursed if a [Council park](#) is not a suitable option for activity delivery. **It is important to note that no venue hire will be paid for activities delivered in your place of business.**

Activities must be delivered within the City of Logan. A map of Logan City can be found [here](#).

Locations may be negotiated with you to ensure an even spread of activities across the City. The more flexible you are with activity locations, the better.

Activity delivery locations and any associated venue hire costs will be negotiated with the Community Programming Officer. If you are requesting venue hire, you may be required to provide proof of venue hire costs if your application progresses.

**Please note, it is solely your responsibility to make all relevant bookings in local parks and venues, should you be successful and this will be communicated to you on successful application.**

**Do you have a park, community centre, or venue in mind to deliver this activity? \***

- Yes
- No

**What is the name of the park/venue? \***

**What is the address of the park/venue? \***

Address



# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Address Line 1, Suburb/Town, State/Province, and Postcode are required.

**Have you checked if this park/venue is available and suitable for your proposed activity? \***

Yes  No

You will be responsible for all aspects of organising this location/venue including payment and bookings, if your activity is successful.

**Is venue hire applicable? (Please don't include pool hire here) \***

Yes  No

**Are there pool hire costs to deliver this activity? \***

Yes  No

**Would you be willing to deliver this activity in an alternative location/venue? If so, please select all that apply: \***

- Yes, I can deliver this activity in a Council park
- Yes, I can deliver this activity in a community centre or facility
- No, the delivery location of this activity is not flexible
- Other:

**What suburbs of Logan are you willing to service? \***

- |   |   |  |   |
|---|---|--|---|
| <input type="checkbox"/> All suburbs in Logan | <input type="checkbox"/> Eagleby        | <input type="checkbox"/> Loganlea                | <input type="checkbox"/> Silverbark Ridge |
| <input type="checkbox"/> Bahrs Scrub          | <input type="checkbox"/> Edens Landing  | <input type="checkbox"/> Lyons                   | <input type="checkbox"/> Slacks Creek     |
| <input type="checkbox"/> Bannockburn          | <input type="checkbox"/> Flagstone      | <input type="checkbox"/> Maclean (North & South) | <input type="checkbox"/> Springwood       |
| <input type="checkbox"/> Beenleigh            | <input type="checkbox"/> Flinders Lakes | <input type="checkbox"/> Marsden                 | <input type="checkbox"/> Stockleigh       |
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| <input type="checkbox"/> Berrinba             | <input type="checkbox"/> Glenlogan      | <input type="checkbox"/> Monarch Glen            | <input type="checkbox"/> Tanah Merah      |
| <input type="checkbox"/> Bethania             | <input type="checkbox"/> Greenbank      | <input type="checkbox"/> Mount Warren Park       | <input type="checkbox"/> Underwood        |
| <input type="checkbox"/> Boronia Heights      | <input type="checkbox"/> Heritage Park  | <input type="checkbox"/> Mundoolun               | <input type="checkbox"/> Undullah         |
| <input type="checkbox"/> Browns Plains        | <input type="checkbox"/> Hillcrest      | <input type="checkbox"/> Munruben                | <input type="checkbox"/> Veresdale        |
| <input type="checkbox"/> Buccan               | <input type="checkbox"/> Holmview       | <input type="checkbox"/> New Beith               | <input type="checkbox"/> Veresdale Scrub  |
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| <input type="checkbox"/> Cedar Creek          | <input type="checkbox"/> Kagaru         | <input type="checkbox"/> Park Ridge South        | <input type="checkbox"/> Waterford West   |
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| <input type="checkbox"/> Cedar Vale           | <input type="checkbox"/> Kingston       | <input type="checkbox"/> Regents Park            | <input type="checkbox"/> Wolffdene        |
| <input type="checkbox"/> Chambers Flat        | <input type="checkbox"/> Logan Central  | <input type="checkbox"/> Riverbend               | <input type="checkbox"/> Woodhill         |
| <input type="checkbox"/> Cornubia             | <input type="checkbox"/> Logan Reserve  | <input type="checkbox"/> Rochedale South         | <input type="checkbox"/> Woodridge        |
| <input type="checkbox"/> Crestmead            | <input type="checkbox"/> Logan Village  | <input type="checkbox"/> Shailer Park            | <input type="checkbox"/> Yarrabilba       |
| <input type="checkbox"/> Daisy Hill           | <input type="checkbox"/> Loganholme     |  |   |

**When looking at location options for your activity, please specify the following: \***

- I can deliver this activity in a Council park
- I can deliver this activity in a community centre or facility

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Other:

**Do you have any specific venue/location requirements for the delivery of your activity?**

## Activity Costs

### Participant Fees

A small fee can be charged to participants at each activity. These participant fees are collected and retained by you, as the provider. If you'd prefer not to accept money from participants the activity can be listed as 'free'.

Please consider the benefits to the community of providing a free or low-cost class and choose the smallest participant fee possible to help reduce barriers to participation.

It is important to note, \$5 per person is the maximum amount that can be charged to participants.

**What will the cost be for participants to attend your activity? \***

- Free (no cost)
- \$1
- \$2
- \$3
- \$4
- \$5

**Please explain why the activity costs differ \***

### Service Provider Funding

Service provider funding of up to \$60 per hour is available for activities delivered in the Active and Healthy program. More detailed information about the [program funding, including FAQ's, can be found here](#).

Value for money is an important consideration when programming Active and Healthy activities. Please consider the potential funds obtained by collecting participant fees for your activity, and what hourly service provider rate you require to deliver your activity.

Please be advised that the provider fee paid is reflective of the activity delivery time. For example, you may opt to be paid \$40/hour, but only deliver a 30 minute activity. You would therefore receive a \$20 service provider fee for the 30 minute activity.

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**What hourly service provider rate would you need to be reimbursed in order to successfully deliver your activity: \***

- \$20/hour
- \$30/hour
- \$40/hour
- \$50/hour
- \$60/hour

\$60 per hour is the maximum service provider fee available

**Please provide a justification for the rate you have requested:**

Ensure you consider value for money and the funds collected from participant fees when deciding an hourly service provider rate.

**Do you require payment of the Allied Health subsidy (an additional \$10/hr for your activity in addition to your service provider fee) in order to deliver your activity? \***

- Yes
- No

## Cooking Class - Cost Breakdown

To enable the delivery of cooking workshops, additional funding may be provided for consumables associated with your cooking class delivery. Items that may be funded include cooking ingredients, pantry essentials and consumable items including things such as paper towel and foil.

Please provide a detailed cost breakdown of any expenses you are requesting to be funded. Please ensure this cost breakdown is for one cooking class session. **Please do not include in-kind expenses in this cost breakdown.**

Please note, you may be required to show proof of consumable costs if your application progresses.

Expenses	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$

## Venue Hire Costs

**What is the hourly rate to hire the venue?**

\$

Must be a dollar amount.

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Please be aware that you may be required to provide a quote for venue hire costs if your application is successful.

## Pool Hire - Cost Breakdown

To enable the delivery of activities requiring the use of a pool, additional funding may be provided to cover pool hire costs.

**Please provide a detailed cost breakdown of any expenses you are requesting to be funded. Please ensure this cost breakdown is reflective of the costs for one activity session (e.g. 1 hour class). Please do not include in-kind expenses in this cost breakdown.**

Please note, you may be required to show proof of pool hire costs if your application progresses.

Expenses	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$

## Access and Inclusion

Logan City Council are committed to ensuring that people of all abilities and backgrounds are able to fulfil their potential in the City of Logan.

Providers are expected to ensure activities are accessible and inclusive wherever possible.

**How will you ensure your activity is accessible and inclusive of the wider Logan community? \***

Word count:

Must be at least 20 words.

This includes accessible classes for those with disability (visible and non-visible), and inclusive of those from diverse cultural backgrounds and our First Nations People.

## Booking Information

Activity contact information will be displayed to the general public for successful providers in the Active and Healthy booklet and as part of the wider marketing campaign. The information provided will consist of:

- trading name
- contact number

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

- email address
- booking webpage link (if relevant)

It is recommended you provide both a phone number and email address, however, if you would only like to provide one form of contact, please specify this below.

This contact information will be provided for all activities, whether or not bookings are required.

If bookings are required, please indicate below so we can ensure this is specified with your activity details.

**Are bookings required for your activity? \***

- Yes
- No

If bookings are not required, it is assumed that participants can show up on the day and partake in the activity.

**Please provide the email address for general public information and bookings:**

Must be an email address.

**Please provide the phone number for general public information and bookings:**

Must be an Australian phone number.

**If participants are able to book via a website, please provide a link:**

Must be a URL.

**Are participants required to bring anything to the activity? If so, please specify: \***

## Activity Promotion

If successful, we will promote your activity as part of our Active and Healthy booklet and wider marketing campaign.

However, as the provider, you are ultimately responsible for the promotion and success of your individual activity/s. Activities which consistently have low or no attendance after a three month period may be removed from the program.

**What steps will you take to promote your activity? \***

## Other Activity Information

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

**If there is any information about your activity that hasn't been covered above, please outline here:**

**Would you like to apply for another activity? \***

- Yes
- No

## Proposed Activity Information - Activity 3

*\* indicates a required field*

### Activity Outline

**What is the name of your activity? \***

Note: Activity name may be changed if successful.

**Please describe your activity: \***

Word count:

Must be at least 20 words.

**Would you describe this activity as gentle/low intensity - suitable for seniors, expectant mothers or those with injury? \***

- Yes
- No
- Not applicable

**What are the benefits of this activity for Logan residents? \***

Word count:

Must be at least 20 words.

Why is this activity needed in Logan?

**Which category does this activity best align with? \***

- Fitness
- Health and wellbeing
- Sport, recreation and outdoors
- Stretch and move

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Activities may be suitable for multiple categories, however, please choose which category is most reflective of this activity.

**Is this activity a cooking class? \***

- Yes
- No

## Activity Delivery

**What format is this activity delivered in? \***

- In person
- Online

**Is this activity for a particular age group? \***

- Yes
- No (all ages)

E.g. children, over 50's, youth (12-17 years)

**Please specify what age group this activity is for? \***

**Is there a minimum or maximum age that can attend? \***

E.g. participants may need to be a minimum of 12 years of age to take part safely.

**What is the maximum number of participants that can attend each session? \***

Must be a number.  
Please keep in mind venue capacity and safe ratio of participants to facilitator.

**How long will this activity run per session? \***

The length of time your activity will take to be delivered e.g. 1 hour.

**What is your preferred time of day to deliver this activity? \***

Please indicate an idea of time e.g. 9am or if flexible: mid-morning.

**Would you be able to deliver your activity outside of standard business hours? \***

- Yes, before 9am
- Yes, after 5pm
- Available on weekends
- No, unable to deliver outside of business hours
- Other:

Please select all that apply.

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

**How often will this activity be delivered? \***

E.g. Is your activity a one-off cooking workshop or a weekly bootcamp activity that occurs every Thursday?

**What day/s of the week would you be able to deliver your activity? \***

Mondays  Tuesdays  Wednesdays  Thursdays  Fridays  Saturdays  Sundays

Please select all that apply.

**Will this activity be delivered during the school holidays? \***

Yes  No

Providers are able to decide if their activity will continue to be delivered during school holidays.

**What date/s will this activity be delivered? \***

Please outline specific activity date/s between 1 July 2023 and 30 June 2024.

**Please specify: \***

Please outline when your activity would be delivered.

**Is this activity already being delivered in the community? \***

Yes  No

**Is the activity already being delivered happening at the same day, time and location as requested above in your application? \***

Yes  No

**Does the existing activity currently receive funding for delivery? \***

Yes  No

**Please provide more information as to why this existing activity requires Active and Healthy funding: \***

## Cooking Class Delivery

If you are delivering a cooking or nutrition class, it is important for us to understand more about your classes and what is involved in their delivery.



# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Please note that wherever possible, class messaging should align with the [Australian Dietary Guidelines](#).

**Please describe what is involved in the delivery of your sessions, including set up and delivery: \***

Please ensure you describe the set-up, menu/recipes, preparation time etc.

**If you are delivering a cooking class, how will your activity be delivered? \***

- Demonstration
- Group activity (shared cooking)
- Hands-on class (each participant cooks their own meal)

**Please upload a sample menu (optional):**

Attach a file:

This will assist in providing us with a better understanding of your activity.

## Qualifications

**Are you delivering this activity as an Allied Health Professional? \***

- Yes
- No

**What experience/qualifications do you have to deliver this activity? \***

**Please attach a copy of your relevant qualifications for this activity (if relevant)**

Attach a file:

**How does your qualification as an Allied Health Professional assist in the facilitation of this activity? \***

**Please upload a copy of your allied health qualifications: \***

Attach a file:

## Activity Location

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

The Active and Healthy program is a Logan City Council funded program. The program gives preference to the use of our [parks](#) and community facilities. Activities delivered in a [Council Community Centre](#) or community facility may be eligible to have venue hire costs reimbursed if a [Council park](#) is not a suitable option for activity delivery. **It is important to note that no venue hire will be paid for activities delivered in your place of business.**

Activities must be delivered within the City of Logan. A map of Logan City can be found [here](#).

Locations may be negotiated with you to ensure an even spread of activities across the City. The more flexible you are with activity locations, the better.

Activity delivery locations and any associated venue hire costs will be negotiated with the Community Programming Officer. If you are requesting venue hire, you may be required to provide proof of venue hire costs if your application progresses.

**Please note, it is solely your responsibility to make all relevant bookings in local parks and venues, should you be successful and this will be communicated to you on successful application.**

**Do you have a park, community centre, or venue in mind to deliver this activity? \***

- Yes
- No

**What is the name of the park/venue? \***

**What is the address of the park/venue? \***

Address

  

Address Line 1, Suburb/Town, State/Province, and Postcode are required.

**Have you checked if this park/venue is available and suitable for your proposed activity? \***

- Yes
  - No
- You will be responsible for all aspects of organising this location/venue including payment and bookings, if your activity is successful.

**Is venue hire applicable? (Please don't include pool hire here) \***

- Yes
  - No
- Please note: there are no venue hire costs associated with delivery of an activity at a Council park.

**Are there pool hire costs to deliver this activity? \***

- Yes
- No

**Would you be willing to deliver this activity in an alternative location/venue? If so, please select all that apply: \***

- Yes, I can deliver this activity in a Council park
- Yes, I can deliver this activity in a community centre or facility
- No, the delivery location of this activity is not flexible

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Other:

**What suburbs of Logan are you willing to service? \***

- |   |   |  |   |
|---|---|--|---|
| <input type="checkbox"/> All suburbs in Logan | <input type="checkbox"/> Eagleby        | <input type="checkbox"/> Loganlea                | <input type="checkbox"/> Silverbark Ridge |
| <input type="checkbox"/> Bahrs Scrub          | <input type="checkbox"/> Edens Landing  | <input type="checkbox"/> Lyons                   | <input type="checkbox"/> Slacks Creek     |
| <input type="checkbox"/> Bannockburn          | <input type="checkbox"/> Flagstone      | <input type="checkbox"/> Maclean (North & South) | <input type="checkbox"/> Springwood       |
| <input type="checkbox"/> Beenleigh            | <input type="checkbox"/> Flinders Lakes | <input type="checkbox"/> Marsden                 | <input type="checkbox"/> Stockleigh       |
| <input type="checkbox"/> Belivah              | <input type="checkbox"/> Forestdale     | <input type="checkbox"/> Meadowbrook             | <input type="checkbox"/> Tamborine        |
| <input type="checkbox"/> Berrinba             | <input type="checkbox"/> Glenlogan      | <input type="checkbox"/> Monarch Glen            | <input type="checkbox"/> Tanah Merah      |
| <input type="checkbox"/> Bethania             | <input type="checkbox"/> Greenbank      | <input type="checkbox"/> Mount Warren Park       | <input type="checkbox"/> Underwood        |
| <input type="checkbox"/> Boronia Heights      | <input type="checkbox"/> Heritage Park  | <input type="checkbox"/> Mundoolun               | <input type="checkbox"/> Undullah         |
| <input type="checkbox"/> Browns Plains        | <input type="checkbox"/> Hillcrest      | <input type="checkbox"/> Munruben                | <input type="checkbox"/> Veresdale        |
| <input type="checkbox"/> Buccan               | <input type="checkbox"/> Holmview       | <input type="checkbox"/> New Beith               | <input type="checkbox"/> Veresdale Scrub  |
| <input type="checkbox"/> Carbrook             | <input type="checkbox"/> Jimboomba      | <input type="checkbox"/> Park Ridge              | <input type="checkbox"/> Waterford        |
| <input type="checkbox"/> Cedar Creek          | <input type="checkbox"/> Kagaru         | <input type="checkbox"/> Park Ridge South        | <input type="checkbox"/> Waterford West   |
| <input type="checkbox"/> Cedar Grove          | <input type="checkbox"/> Kairabah       | <input type="checkbox"/> Priestdale              | <input type="checkbox"/> Windaroo         |
| <input type="checkbox"/> Cedar Vale           | <input type="checkbox"/> Kingston       | <input type="checkbox"/> Regents Park            | <input type="checkbox"/> Wolffdene        |
| <input type="checkbox"/> Chambers Flat        | <input type="checkbox"/> Logan Central  | <input type="checkbox"/> Riverbend               | <input type="checkbox"/> Woodhill         |
| <input type="checkbox"/> Cornubia             | <input type="checkbox"/> Logan Reserve  | <input type="checkbox"/> Rochedale South         | <input type="checkbox"/> Woodridge        |
| <input type="checkbox"/> Crestmead            | <input type="checkbox"/> Logan Village  | <input type="checkbox"/> Shailer Park            | <input type="checkbox"/> Yarrabilba       |
| <input type="checkbox"/> Daisy Hill           | <input type="checkbox"/> Loganholme     |  |   |

**When looking at location options for your activity, please specify the following:**

- I can deliver this activity in a Council park
- I can deliver this activity in a community centre or facility
- Other:

**Do you have any specific venue/location requirements for the delivery of your activity?**

## Activity Costs

### Participant Fees

A small fee can be charged to participants at each activity. These participant fees are collected and retained by you, as the provider. If you'd prefer not to accept money from participants the activity can be listed as 'free'.

Please consider the benefits to the community of providing a free or low-cost class and choose the smallest participant fee possible to help reduce barriers to participation.

It is important to note, \$5 per person is the maximum amount that can be charged to participants.

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

**What will the cost be for participants to attend your activity? \***

- Free (no cost)
- \$1
- \$2
- \$3
- \$4
- \$5

**Please explain why the activity costs differ \***

**Service Provider Funding**

Service provider funding of up to \$60 per hour is available for activities delivered in the Active and Healthy program. More detailed information about the [program funding, including FAQ's, can be found here.](#)

Value for money is an important consideration when programming Active and Healthy activities. Please consider the potential funds obtained by collecting participant fees for your activity, and what hourly service provider rate you require to deliver your activity.

Please be advised that the provider fee paid is reflective of the activity delivery time. For example, you may opt to be paid \$40/hour, but only deliver a 30 minute activity. You would therefore receive a \$20 service provider fee for the 30 minute activity.

**What hourly service provider rate would you need to be reimbursed in order to successfully deliver your activity: \***

- \$20/hour
- \$30/hour
- \$40/hour
- \$50/hour
- \$60/hour

\$60 per hour is the maximum service provider fee available

**Please provide a justification for the rate you have requested:**

Ensure you consider value for money and the funds collected from participant fees when deciding an hourly service provider rate.

**Do you require payment of the Allied Health subsidy (an additional \$10/hr for your activity in addition to your service provider fee) in order to deliver your activity? \***

- Yes
- No

**Cooking Class - Cost Breakdown**

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

To enable the delivery of cooking workshops, additional funding may be provided for consumables associated with your cooking class delivery. Items that may be funded include cooking ingredients, pantry essentials and consumable items including things such as paper towel and foil.

Please provide a detailed cost breakdown of any expenses you are requesting to be funded. Please ensure this cost breakdown is for one cooking class session. **Please do not include in-kind expenses in this cost breakdown.**

Please note, you may be required to show proof of consumable costs if your application progresses.

Expenses	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$

## Venue Hire Costs

**What is the hourly rate to hire the venue?**

Must be a dollar amount.

Please be aware that you may be required to provide a quote for venue hire costs if your application is successful.

## Pool Hire - Cost Breakdown

To enable the delivery of activities requiring the use of a pool, additional funding may be provided to cover pool hire costs.

**Please provide a detailed cost breakdown of any expenses you are requesting to be funded. Please ensure this cost breakdown is reflective of the costs for one activity session (e.g. 1 hour class). Please do not include in-kind expenses in this cost breakdown.**

Please note, you may be required to show proof of pool hire costs if your application progresses.

Expenses	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

## Access and Inclusion

Logan City Council are committed to ensuring that people of all abilities and backgrounds are able to fulfil their potential in the City of Logan.

Providers are expected to ensure activities are accessible and inclusive wherever possible.

### **How will you ensure your activity is accessible and inclusive of the wider Logan community? \***

Word count:

This includes accessible classes for those with disability (visible and non-visible), and inclusive of those from diverse cultural backgrounds and our First Nations People.

## Booking Information

Activity contact information will be displayed to the general public for successful providers in the Active and Healthy booklet and as part of the wider marketing campaign. The information provided will consist of:

- trading name
- contact number
- email address
- booking webpage link (if relevant)

It is recommended you provide both a phone number and email address, however, if you would only like to provide one form of contact, please specify this below.

This contact information will be provided for all activities, despite whether or not bookings are required.

If bookings are required, please indicate below so we can ensure this is specified with your activity details.

### **Are bookings required for your activity? \***

- Yes  
 No

If bookings are not required, it is assumed that participants can show up on the day and partake in the activity

### **Please provide the email address for general public information and bookings:**

Must be an email address.

### **Please provide the phone number for general public information and bookings:**

Must be an Australian phone number.

### **If participants are able to book via a website, please provide a link:**

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Must be a URL.

**Are participants required to bring anything to the activity? If so, please specify: \***

## Activity Promotion

If successful, we will promote your activity in our Active and Healthy booklet and as part of our wider marketing campaign.

However, as the provider, you are ultimately responsible for the promotion and success of your individual activity/s. Activities which consistently have low or no attendance after a three month period may be removed from the program.

**What steps will you take to promote your activity to ensure success? \***

## Other Activity Information

**If there is any information about your activity that hasn't been covered above, please outline here:**

**Would you like to apply for another activity? \***

- Yes
- No

## Proposed Activity Information - Activity 4

\* indicates a required field

### Activity Outline

**What is the name of your activity? \***

Note: Activity name may be changed if successful.

**Please describe your activity: \***

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Word count:  
Must be at least 20 words.

**Would you describe this activity as gentle/low intensity - suitable for seniors, expectant mothers or those with injury?**

- Yes
- No
- Not applicable

**What are the benefits of this activity for Logan residents? \***

Word count:  
Must be at least 20 words.  
Why is this activity needed in Logan?

**Which category does this activity best align with? \***

- Fitness
- Health and wellbeing
- Sport, recreation and outdoors
- Stretch and move

Activities may be suitable for multiple categories, however, please choose which category is most reflective of this activity.

**Is this activity a cooking class?**

- Yes
- No

## Activity Delivery

**What format is this activity delivered in? \***

- In person
- Online

**Is this activity for a particular age group? \***

- Yes
- No (all ages)

E.g. children, over 50's, youth (12-17 years)

**Please specify what age group this activity is for? \***

**Is there a minimum or maximum age that can attend?**



# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

E.g. participants may need to be a minimum of 12 years of age to take part safely.

**What is the maximum number of participants that can attend each session? \***

Must be a number.  
Please keep in mind venue capacity and safe ratio of participants to facilitator.

**How long will this activity run per session? \***

The length of time your activity will take to be delivered e.g. 1 hour.

**What is your preferred time of day to deliver this activity? \***

Please indicate an idea of time e.g. 9am or if flexible: mid-morning.

**Would you be able to deliver this activity outside of standard business hours? \***

- Yes, before 9am
- Yes, after 5pm
- Available on weekends
- No, unable to deliver outside of business hours
- Other:

Please select all that apply.

**How often will this activity be delivered? \***

E.g. Is your activity a one-off cooking workshop or a weekly bootcamp activity that occurs every Thursday?

**What day/s of the week would you be able to deliver this activity? \***

- Mondays
- Tuesdays
- Wednesdays
- Thursdays
- Fridays
- Saturdays
- Sundays

Please select all that apply.

**Will this activity be delivered during the school holidays? \***

- Yes
- No

Providers are able to decide if their activity will continue to be delivered during school holidays.

**What date/s will this activity be delivered? \***

Please outline specific activity date/s between 1 July 2023 and 30 June 2024.

**Please specify: \***

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Please outline when your activity would be delivered.

**Is this activity already being delivered in the community? \***

- Yes  No

**Is the activity already being delivered happening at the same day, time and location as requested above in your application? \***

- Yes  No

**Does the existing activity currently receive funding for delivery? \***

- Yes  No

**Please provide more information as to why this existing activity requires Active and Healthy funding: \***

## Cooking Class Delivery

If you are delivering a cooking or nutrition class, it is important for us to understand more about your classes and what is involved in their delivery.

Please note that cooking class messaging should align with the [Australian Dietary Guidelines](#).

**Please describe what is involved in the delivery of your sessions, including set up and delivery: \***

Please ensure you describe the set-up, menu/recipes, preparation time etc.

**If you are delivering a cooking class, how will your activity be delivered? \***

- Demonstration  
 Group activity (shared cooking)  
 Hands-on class (each participant cooks their own meal)

**Please upload a sample menu (optional):**

Attach a file:

This will assist in providing us with a better understanding of your activity.

## Qualifications

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

**Are you delivering this activity as an Allied Health Professional? \***

- Yes
- No

**What experience or qualifications do you have to deliver this activity? \***

**Please attach a copy of your relevant qualifications for this activity (if relevant)**

Attach a file:

**How does your qualification as an Allied Health Professional assist in the facilitation of this activity? \***

**Please upload a copy of your allied health qualifications: \***

Attach a file:

## Activity Location

The Active and Healthy program is a Logan City Council funded program. The program gives preference to the use of our [parks](#) and community facilities. Activities delivered in a [Council Community Centre](#) or community facility may be eligible to have venue hire costs reimbursed if a [Council park](#) is not a suitable option for activity delivery. **It is important to note that no venue hire will be paid for activities delivered in your place of business.**

Activities must be delivered within the City of Logan. A map of Logan City can be found [here](#).

Locations may be negotiated with you to ensure an even spread of activities across the City. The more flexible you are with activity locations, the better.

Activity delivery locations and any associated venue hire costs will be negotiated with the Community Programming Officer. If you are requesting venue hire, you may be required to provide proof of venue hire costs if your application progresses.

**Please note, it is solely your responsibility to make all relevant bookings in local parks and venues, should you be successful and this will be communicated to you on successful application.**

**Do you have a park, community centre, or venue in mind to deliver this activity? \***

- Yes
- No

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

**What is the name of the park/venue? \***

**What is the address of the park/venue? \***

Address

  

Address Line 1, Suburb/Town, State/Province, and Postcode are required.

**Have you checked if this park/venue is available and suitable for your proposed activity? \***

Yes  No

You will be responsible for all aspects of organising this location/venue including payment and bookings, if your activity is successful.

**Is venue hire applicable? (Please don't include pool hire here) \***

Yes  No

Please note: there are no venue hire costs associated with delivery of an activity at a Council park.

**Are there pool hire costs to deliver this activity? \***

Yes  No

**Would you be willing to deliver this activity in an alternative location/venue? If so, please select all that apply: \***

- Yes, I can deliver this activity in a Council park
- Yes, I can deliver this activity in a community centre or facility
- No, the delivery location of this activity is not flexible
- Other:

**What suburbs of Logan are you willing to service?**

- |   |   |  |   |
|---|---|--|---|
| <input type="checkbox"/> All suburbs in Logan | <input type="checkbox"/> Eagleby        | <input type="checkbox"/> Loganlea                | <input type="checkbox"/> Silverbark Ridge |
| <input type="checkbox"/> Bahrs Scrub          | <input type="checkbox"/> Edens Landing  | <input type="checkbox"/> Lyons                   | <input type="checkbox"/> Slacks Creek     |
| <input type="checkbox"/> Bannockburn          | <input type="checkbox"/> Flagstone      | <input type="checkbox"/> Maclean (North & South) | <input type="checkbox"/> Springwood       |
| <input type="checkbox"/> Beenleigh            | <input type="checkbox"/> Flinders Lakes | <input type="checkbox"/> Marsden                 | <input type="checkbox"/> Stockleigh       |
| <input type="checkbox"/> Belivah              | <input type="checkbox"/> Forestdale     | <input type="checkbox"/> Meadowbrook             | <input type="checkbox"/> Tamborine        |
| <input type="checkbox"/> Berrinba             | <input type="checkbox"/> Glenlogan      | <input type="checkbox"/> Monarch Glen            | <input type="checkbox"/> Tanah Merah      |
| <input type="checkbox"/> Bethania             | <input type="checkbox"/> Greenbank      | <input type="checkbox"/> Mount Warren Park       | <input type="checkbox"/> Underwood        |
| <input type="checkbox"/> Boronia Heights      | <input type="checkbox"/> Heritage Park  | <input type="checkbox"/> Mundoolun               | <input type="checkbox"/> Undullah         |
| <input type="checkbox"/> Browns Plains        | <input type="checkbox"/> Hillcrest      | <input type="checkbox"/> Munruben                | <input type="checkbox"/> Veresdale        |
| <input type="checkbox"/> Buccan               | <input type="checkbox"/> Holmview       | <input type="checkbox"/> New Beith               | <input type="checkbox"/> Veresdale Scrub  |
| <input type="checkbox"/> Carbrook             | <input type="checkbox"/> Jimboomba      | <input type="checkbox"/> Park Ridge              | <input type="checkbox"/> Waterford        |
| <input type="checkbox"/> Cedar Creek          | <input type="checkbox"/> Kagaru         | <input type="checkbox"/> Park Ridge South        | <input type="checkbox"/> Waterford West   |
| <input type="checkbox"/> Cedar Grove          | <input type="checkbox"/> Kairabah       | <input type="checkbox"/> Priestdale              | <input type="checkbox"/> Windaroo         |
| <input type="checkbox"/> Cedar Vale           | <input type="checkbox"/> Kingston       | <input type="checkbox"/> Regents Park            | <input type="checkbox"/> Wolffdene        |
| <input type="checkbox"/> Chambers Flat        | <input type="checkbox"/> Logan Central  | <input type="checkbox"/> Riverbend               | <input type="checkbox"/> Woodhill         |
| <input type="checkbox"/> Cornubia             | <input type="checkbox"/> Logan Reserve  | <input type="checkbox"/> Rochedale South         | <input type="checkbox"/> Woodridge        |
| <input type="checkbox"/> Crestmead            | <input type="checkbox"/> Logan Village  | <input type="checkbox"/> Shailer Park            | <input type="checkbox"/> Yarrabilba       |
| <input type="checkbox"/> Daisy Hill           | <input type="checkbox"/> Loganholme     |  |   |

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

**When looking at location options for your activity, please specify the following: \***

- I can deliver this activity in a Council park
- I can deliver this activity in a community centre or facility
- Other:

**Do you have any specific venue/location requirements for the delivery of your activity?**

## Activity Costs

### Participant Fees

A small fee can be charged to participants at each activity. These participant fees are collected and retained by you, as the provider. If you'd prefer not to accept money from participants the activity can be listed as 'free'.

Please consider the benefits to the community of providing a free or low-cost class and choose the smallest participant fee possible to help reduce barriers to participation.

It is important to note, \$5 per person is the maximum amount that can be charged to participants.

**What will the cost be for participants to attend your activity? \***

- Free (no cost)
- \$1
- \$2
- \$3
- \$4
- \$5

**Please explain why the activity costs differ: \***

### Service Provider Funding

Service provider funding of up to \$60 per hour is available for activities delivered in the Active and Healthy program. More detailed information about the [program funding, including FAQ's, can be found here.](#)

Value for money is an important consideration when programming Active and Healthy activities. Please consider the potential funds obtained by collecting participant fees for your activity, and what hourly service provider rate you require to deliver your activity.

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Please be advised that the provider fee paid is reflective of the activity delivery time. For example, you may opt to be paid \$40/hour, but only deliver a 30 minute activity. You would therefore receive a \$20 service provider fee for the 30 minute activity.

**What hourly service provider rate would you need to be reimbursed in order to successfully deliver your activity: \***

- \$20/hour
- \$30/hour
- \$40/hour
- \$50/hour
- \$60/hour

\$60 per hour is the maximum service provider fee available

**Please provide a justification for the rate you have requested:**

Ensure you consider value for money and the funds collected from participant fees when deciding an hourly service provider rate.

**Do you require payment of the Allied Health subsidy (an additional \$10/hr for your activity in addition to your service provider fee) in order to deliver your activity? \***

- Yes
- No

**Cooking Class - Cost Breakdown**

To enable the delivery of cooking workshops, additional funding may be provided for consumables associated with your cooking class delivery. Items that may be funded include cooking ingredients, pantry essentials and consumable items including things such as paper towel and foil.

Please provide a detailed cost breakdown of any expenses you are requesting to be funded. Please ensure this cost breakdown is for one cooking class session. **Please do not include in-kind expenses in this cost breakdown.**

Please note, you may be required to show proof of consumable costs if your application progresses.

Expenses	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$

**Venue Hire Costs**

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

**What is the hourly rate to hire the venue?**

Must be a dollar amount.  
Please be aware that you may be required to provide a quote for venue hire costs if your application is successful.

## Pool Hire - Cost Breakdown

To enable the delivery of activities requiring the use of a pool, additional funding may be provided to cover pool hire costs.

**Please provide a detailed cost breakdown of any expenses you are requesting to be funded. Please ensure this cost breakdown is reflective of the costs for one activity session (e.g. 1 hour class). Please do not include in-kind expenses in this cost breakdown.**

Please note, you may be required to show proof of pool hire costs if your application progresses.

Expenses	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$

## Access and Inclusion

Logan City Council are committed to ensuring that people of all abilities and backgrounds are able to fulfil their potential in the City of Logan.

Providers are expected to ensure activities are accessible and inclusive wherever possible.

**How will you ensure this activity is accessible and inclusive of the wider Logan community? \***

Word count:

This includes accessible classes for those with disability (visible and non-visible), and inclusive of those from diverse cultural backgrounds and our First Nations People.

## Booking Information

Activity contact information will be displayed to the general public for successful providers in the Active and Healthy booklet and as part of the wider marketing campaign. The information provided will consist of:

- trading name

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

- contact number
- email address
- booking webpage link (if relevant)

It is recommended you provide both a phone number and email address, however, if you would only like to provide one form of contact, please specify this below.

This contact information will be provided for all activities, despite whether or not bookings are required.

If bookings are required, please indicate below so we can ensure this is specified with your activity details.

**Are bookings required for your activity? \***

- Yes
- No

If bookings are not required, it is assumed that participants can show up on the day and partake in the activity

**Please provide the email address for general public information and bookings:**

Must be an email address.

**Please provide the phone number for general public information and bookings:**

Must be an Australian phone number.

**If participants are able to book via a website, please provide a link:**

Must be a URL.

**Are participants required to bring anything to the activity? If so, please specify: \***

## Activity Promotion

If successful, we will promote your activity in our Active and Healthy booklet and as part of our wider marketing campaign.

However, as the provider, you are ultimately responsible for the promotion and success of your individual activity/s. Activities which consistently have low or no attendance after a three month period may be removed from the program.

**What steps will you take to promote this activity to ensure success? \***

## Other Activity Information



# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

**If there is any information about your activity that hasn't been covered above, please outline here:**

**Would you like to apply for another activity? \***

- Yes
- No

## Proposed Activity Information - Activity 5

\* indicates a required field

### Activity Outline

**What is the name of your activity? \***

Note: Activity name may be changed if successful.

**Please describe your activity: \***

Word count:

Must be at least 20 words.

**Would you describe this activity as gentle/low intensity - suitable for seniors, expectant mothers or those with injury? \***

- Yes
- No
- Not applicable

**What are the benefits of this activity for Logan residents?**

Word count:

Must be at least 20 words.

Why is this activity needed in Logan?

**Which category does this activity best align with? \***

- Fitness
- Health and wellbeing
- Sport, recreation and outdoors
- Stretch and move

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Activities may be suitable for multiple categories, however, please choose which category is most reflective of this activity.

**Is this activity a cooking class? \***

- Yes
- No

## Activity Delivery

**What format is this activity delivered in? \***

- In person
- Online

**Is this activity for a particular age group? \***

- Yes
- No (all ages)

E.g. children, over 50's, youth (12-17 years)

**Please specify what age group this activity is for? \***

**Is there a minimum or maximum age that can attend? \***

E.g. participants may need to be a minimum of 12 years of age to take part safely.

**What is the maximum number of participants that can attend each session?**

Must be a number.  
Please keep in mind venue capacity and safe ratio of participants to facilitator.

**How long will this activity run per session? \***

The length of time your activity will take to be delivered e.g. 1 hour.

**What is your preferred time of day to deliver this activity? \***

Please indicate an idea of time e.g. 9am or if flexible: mid-morning.

**Would you be able to deliver this activity outside of standard business hours? \***

- Yes, before 9am
- Yes, after 5pm
- Available on weekends
- No, unable to deliver outside of business hours
- Other:

Please select all that apply.

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

## How often will this activity be delivered? \*

E.g. Is your activity a one-off cooking workshop or a weekly bootcamp activity that occurs every Thursday?

## What day/s of the week would you be able to deliver this activity? \*

Mondays  Tuesdays  Wednesdays  Thursdays  Fridays  Saturdays  Sundays

Please select all that apply.

## Will this activity be delivered during the school holidays? \*

Yes  No

Providers are able to decide if their activity will continue to be delivered during school holidays.

## What date/s will this activity be delivered? \*

Please outline specific activity date/s between 1 July 2023 and 30 June 2024.

## Please specify: \*

Please outline when your activity would be delivered.

## Is this activity already being delivered in the community? \*

Yes  No

## Is the activity already being delivered happening at the same day, time and location as requested above in your application? \*

Yes  No

## Does the existing activity currently receive funding for delivery? \*

Yes  No

## Please provide more information as to why this existing activity requires Active and Healthy funding: \*

### Cooking Class Delivery

If you are delivering a cooking or nutrition class, it is important for us to understand more about your classes and what is involved in their delivery.

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Please note that cooking class messaging should align with the [Australian Dietary Guidelines](#).

**Please describe what is involved in the delivery of your sessions, including set up and delivery: \***

Please ensure you describe the set-up, menu/recipes, preparation time etc.

**If you are delivering a cooking class, how will your activity be delivered? \***

- Demonstration
- Group activity (shared cooking)
- Hands-on class (each participant cooks their own meal)

**Please upload a sample menu (optional):**

Attach a file:

This will assist in providing us with a better understanding of your activity.

## Qualifications

**Are you delivering this activity as an Allied Health Professional? \***

- Yes
- No

**What experience or qualifications do you have to deliver this activity? \***

**Please attach a copy of your relevant qualifications for this activity (if relevant)**

Attach a file:

**How does your qualification as an Allied Health Professional assist in the facilitation of this activity? \***

**Please upload a copy of your allied health qualifications: \***

Attach a file:

## Activity Location

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

The Active and Healthy program is a Logan City Council funded program. The program gives preference to the use of our [parks](#) and community facilities. Activities delivered in a [Council Community Centre](#) or community facility may be eligible to have venue hire costs reimbursed if a [Council park](#) is not a suitable option for activity delivery. **It is important to note that no venue hire will be paid for activities delivered in your place of business.**

Activities must be delivered within the City of Logan. A map of Logan City can be found [here](#).

Locations may be negotiated with you to ensure an even spread of activities across the City. The more flexible you are with activity locations, the better.

Activity delivery locations and any associated venue hire costs will be negotiated with the Community Programming Officer. If you are requesting venue hire, you may be required to provide proof of venue hire costs if your application progresses.

**Please note, it is solely your responsibility to make all relevant bookings in local parks and venues, should you be successful and this will be communicated to you on successful application.**

**Do you have a park, community centre, or venue in mind to deliver this activity? \***

- Yes
- No

**What is the name of the park/venue? \***

**What is the address of the park/venue? \***

Address

  

Address Line 1, Suburb/Town, State/Province, and Postcode are required.

**Have you checked if this park/venue is available and suitable for your proposed activity? \***

- Yes
  - No
- You will be responsible for all aspects of organising this location/venue including payment and bookings, if your activity is successful.

**Is venue hire applicable? (Please don't include pool hire here) \***

- Yes
  - No
- Please note: there are no venue hire costs associated with delivery of an activity at a Council park.

**Are there pool hire costs to deliver this activity? \***

- Yes
- No

**Would you be willing to deliver this activity in an alternative location/venue? If so, please select all that apply: \***

- Yes, I can deliver this activity in a Council park
- Yes, I can deliver this activity in a community centre or facility
- No, the delivery location of this activity is not flexible

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Other:

**What suburbs of Logan are you willing to service? \***

- |   |   |  |   |
|---|---|--|---|
| <input type="checkbox"/> All suburbs in Logan | <input type="checkbox"/> Eagleby        | <input type="checkbox"/> Loganlea                | <input type="checkbox"/> Silverbark Ridge |
| <input type="checkbox"/> Bahrs Scrub          | <input type="checkbox"/> Edens Landing  | <input type="checkbox"/> Lyons                   | <input type="checkbox"/> Slacks Creek     |
| <input type="checkbox"/> Bannockburn          | <input type="checkbox"/> Flagstone      | <input type="checkbox"/> Maclean (North & South) | <input type="checkbox"/> Springwood       |
| <input type="checkbox"/> Beenleigh            | <input type="checkbox"/> Flinders Lakes | <input type="checkbox"/> Marsden                 | <input type="checkbox"/> Stockleigh       |
| <input type="checkbox"/> Belivah              | <input type="checkbox"/> Forestdale     | <input type="checkbox"/> Meadowbrook             | <input type="checkbox"/> Tamborine        |
| <input type="checkbox"/> Berrinba             | <input type="checkbox"/> Glenlogan      | <input type="checkbox"/> Monarch Glen            | <input type="checkbox"/> Tanah Merah      |
| <input type="checkbox"/> Bethania             | <input type="checkbox"/> Greenbank      | <input type="checkbox"/> Mount Warren Park       | <input type="checkbox"/> Underwood        |
| <input type="checkbox"/> Boronia Heights      | <input type="checkbox"/> Heritage Park  | <input type="checkbox"/> Mundoolun               | <input type="checkbox"/> Undullah         |
| <input type="checkbox"/> Browns Plains        | <input type="checkbox"/> Hillcrest      | <input type="checkbox"/> Munruben                | <input type="checkbox"/> Veresdale        |
| <input type="checkbox"/> Buccan               | <input type="checkbox"/> Holmview       | <input type="checkbox"/> New Beith               | <input type="checkbox"/> Veresdale Scrub  |
| <input type="checkbox"/> Carbrook             | <input type="checkbox"/> Jimboomba      | <input type="checkbox"/> Park Ridge              | <input type="checkbox"/> Waterford        |
| <input type="checkbox"/> Cedar Creek          | <input type="checkbox"/> Kagaru         | <input type="checkbox"/> Park Ridge South        | <input type="checkbox"/> Waterford West   |
| <input type="checkbox"/> Cedar Grove          | <input type="checkbox"/> Kairabah       | <input type="checkbox"/> Priestdale              | <input type="checkbox"/> Windaroo         |
| <input type="checkbox"/> Cedar Vale           | <input type="checkbox"/> Kingston       | <input type="checkbox"/> Regents Park            | <input type="checkbox"/> Wolffdene        |
| <input type="checkbox"/> Chambers Flat        | <input type="checkbox"/> Logan Central  | <input type="checkbox"/> Riverbend               | <input type="checkbox"/> Woodhill         |
| <input type="checkbox"/> Cornubia             | <input type="checkbox"/> Logan Reserve  | <input type="checkbox"/> Rochedale South         | <input type="checkbox"/> Woodridge        |
| <input type="checkbox"/> Crestmead            | <input type="checkbox"/> Logan Village  | <input type="checkbox"/> Shailer Park            | <input type="checkbox"/> Yarrabilba       |
| <input type="checkbox"/> Daisy Hill           | <input type="checkbox"/> Loganholme     |  |   |

**When looking at location options for your activity, please specify the following: \***

- I can deliver this activity in a Council park
- I can deliver this activity in a community centre or facility
- Other:

**Do you have any specific venue/location requirements for the delivery of your activity?**

## Activity Costs

### Participant Fees

A small fee can be charged to participants at each activity. These participant fees are collected and retained by you, as the provider. If you'd prefer not to accept money from participants the activity can be listed as 'free'.

Please consider the benefits to the community of providing a free or low-cost class and choose the smallest participant fee possible to help reduce barriers to participation.

It is important to note, \$5 per person is the maximum amount that can be charged to participants.

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

**What will the cost be for participants to attend your activity? \***

- Free (no cost)
- \$1
- \$2
- \$3
- \$4
- \$5

**Please explain why the activity costs differ: \***

**Service Provider Funding**

Service provider funding of up to \$60 per hour is available for activities delivered in the Active and Healthy program. More detailed information about the [program funding, including FAQ's, can be found here.](#)

Value for money is an important consideration when programming Active and Healthy activities. Please consider the potential funds obtained by collecting participant fees for your activity, and what hourly service provider rate you require to deliver your activity.

Please be advised that the provider fee paid is reflective of the activity delivery time. For example, you may opt to be paid \$40/hour, but only deliver a 30 minute activity. You would therefore receive a \$20 service provider fee for the 30 minute activity.

**What hourly service provider rate would you need to be reimbursed in order to successfully deliver your activity: \***

- \$20/hour
- \$30/hour
- \$40/hour
- \$50/hour
- \$60/hour

\$60 per hour is the maximum service provider fee available

**Please provide a justification for the rate you have requested:**

Ensure you consider value for money and the funds collected from participant fees when deciding an hourly service provider rate.

**Do you require payment of the Allied Health subsidy (an additional \$10/hr for your activity in addition to your service provider fee) in order to deliver your activity? \***

- Yes
- No

**Cooking Class - Cost Breakdown**

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

To enable the delivery of cooking workshops, additional funding may be provided for consumables associated with your cooking class delivery. Items that may be funded include cooking ingredients, pantry essentials and consumable items including things such as paper towel and foil.

Please provide a detailed cost breakdown of any expenses you are requesting to be funded. Please ensure this cost breakdown is for one cooking class session. **Please do not include in-kind expenses in this cost breakdown.**

Please note, you may be required to show proof of consumable costs if your application progresses.

Expenses	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$

## Venue Hire Costs

**What is the hourly rate to hire the venue?**

Must be a dollar amount.

Please be aware that you may be required to provide a quote for venue hire costs if your application is successful.

## Pool Hire - Cost Breakdown

To enable the delivery of activities requiring the use of a pool, additional funding may be provided to cover pool hire costs.

**Please provide a detailed cost breakdown of any expenses you are requesting to be funded. Please ensure this cost breakdown is reflective of the costs for one activity session (e.g. 1 hour class). Please do not include in-kind expenses in this cost breakdown.**

Please note, you may be required to show proof of pool hire costs if your application progresses.

Expenses	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$



# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

## Access and Inclusion

Logan City Council are committed to ensuring that people of all abilities and backgrounds are able to fulfil their potential in the City of Logan.

Providers are expected to ensure activities are accessible and inclusive wherever possible.

### **How will you ensure this activity is accessible and inclusive of the wider Logan community? \***

Word count:

Must be at least 20 words.

This includes accessible classes for those with disability (visible and non-visible), and inclusive of those from diverse cultural backgrounds and our First Nations People.

## Booking Information

Activity contact information will be displayed to the general public for successful providers in the Active and Healthy booklet and as part of the wider marketing campaign. The information provided will consist of:

- trading name
- contact number
- email address
- booking webpage link (if relevant)

It is recommended you provide both a phone number and email address, however, if you would only like to provide one form of contact, please specify this below.

This contact information will be provided for all activities, whether or not bookings are required.

If bookings are required, please indicate below so we can ensure this is specified with your activity details.

### **Are bookings required for your activity? \***

- Yes
- No

If bookings are not required, it is assumed that participants can show up on the day and partake in the activity

### **Please provide the email address for general public information and bookings:**

Must be an email address.

### **Please provide the phone number for general public information and bookings:**

Must be an Australian phone number.

### **If participants are able to book via a website, please provide a link:**

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Must be a URL.

**Are participants required to bring anything to the activity? If so, please specify: \***

## Activity Promotion

If successful, we will promote your activity in our Active and Healthy booklet and as part of our wider marketing campaign.

However, as the provider, you are ultimately responsible for the promotion and success of your individual activity/s. Activities which consistently have low or no attendance after a three month period may be removed from the program.

**What steps will you take to promote this activity to ensure success? \***

## Other Activity Information

**If there is any information about your activity that hasn't been covered above, please outline here:**

**Would you like to apply for another activity? \***

- Yes
- No

## Proposed Activity Information - Activity 6

\* indicates a required field

### Activity Outline

**What is the name of your activity? \***

Note: Activity name may be changed if successful.

**Please describe your activity: \***

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Word count:  
Must be at least 20 words.

**Would you describe this activity as gentle/low intensity - suitable for seniors, expectant mothers or those with injury? \***

- Yes
- No
- Not applicable

**What are the benefits of this activity for Logan residents? \***

Word count:  
Must be at least 20 words.  
Why is this activity needed in Logan?

**Which category does this activity best align with? \***

- Fitness
- Health and wellbeing
- Sport, recreation and outdoors
- Stretch and move

Activities may be suitable for multiple categories, however, please choose which category is most reflective of this activity.

**Is this activity a cooking class? \***

- Yes
- No

## Activity Delivery

**What format is this activity delivered in? \***

- In person
- Online

**Is this activity for a particular age group? \***

- Yes
- No (all ages)

E.g. children, over 50's, youth (12-17 years)

**Please specify what age group this activity is for? \***

**Is there a minimum or maximum age that can attend? \***

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

E.g. participants may need to be a minimum of 12 years of age to take part safely.

**What is the maximum number of participants that can attend each session? \***

Must be a number.  
Please keep in mind venue capacity and safe ratio of participants to facilitator.

**How long will this activity run per session? \***

The length of time your activity will take to be delivered e.g. 1 hour.

**What is your preferred time of day to deliver this activity? \***

Please indicate an idea of time e.g. 9am or if flexible: mid-morning.

**Would you be able to deliver this activity outside of standard business hours? \***

- Yes, before 9am
- Yes, after 5pm
- Available on weekends
- No, unable to deliver outside of business hours
- Other:

Please select all that apply.

**How often will this activity be delivered? \***

E.g. Is your activity a one-off cooking workshop or a weekly bootcamp activity that occurs every Thursday?

**What day/s of the week would you be able to deliver this activity? \***

- Mondays
- Tuesdays
- Wednesdays
- Thursdays
- Fridays
- Saturdays
- Sundays

Please select all that apply.

**Will this activity be delivered during the school holidays? \***

- Yes
- No

Providers are able to decide if their activity will continue to be delivered during school holidays.

**What date/s will this activity be delivered? \***

Please outline specific activity date/s between 1 July 2023 and 30 June 2024.

**Please specify: \***

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Please outline when your activity would be delivered.

**Is this activity already being delivered in the community? \***

- Yes  No

**Is the activity already being delivered happening at the same day, time and location as requested above in your application? \***

- Yes  No

**Does the existing activity currently receive funding for delivery? \***

- Yes  No

**Please provide more information as to why this existing activity requires Active and Healthy funding: \***

## Cooking Class Delivery

If you are delivering a cooking or nutrition class, it is important for us to understand more about your classes and what is involved in their delivery.

Please note that cooking class messaging should align with the [Australian Dietary Guidelines](#).

**Please describe what is involved in the delivery of your sessions, including set up and delivery: \***

Please ensure you describe the set-up, menu/recipes, preparation time etc.

**If you are delivering a cooking class, how will your activity be delivered? \***

- Demonstration  
 Group activity (shared cooking)  
 Hands-on class (each participant cooks their own meal)

**Please upload a sample menu (optional):**

Attach a file:

This will assist in providing us with a better understanding of your activity.

## Qualifications

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

**Are you delivering this activity as an Allied Health Professional? \***

- Yes
- No

**What experience or qualifications do you have to deliver this activity? \***

**Please attach a copy of your relevant qualifications for this activity (if relevant)**

Attach a file:

**How does your qualification as an Allied Health Professional assist in the facilitation of this activity? \***

**Please upload a copy of your allied health qualifications: \***

Attach a file:

## Activity Location

The Active and Healthy program is a Logan City Council funded program. The program gives preference to the use of our [parks](#) and community facilities. Activities delivered in a [Council Community Centre](#) or community facility may be eligible to have venue hire costs reimbursed if a [Council park](#) is not a suitable option for activity delivery. **It is important to note that no venue hire will be paid for activities delivered in your place of business.**

Activities must be delivered within the City of Logan. A map of Logan City can be found [here](#).

Locations may be negotiated with you to ensure an even spread of activities across the City. The more flexible you are with activity locations, the better.

Activity delivery locations and any associated venue hire costs will be negotiated with the Community Programming Officer. If you are requesting venue hire, you may be required to provide proof of venue hire costs if your application progresses.

**Please note, it is solely your responsibility to make all relevant bookings in local parks and venues, should you be successful and this will be communicated to you on successful application.**

**Do you have a park, community centre, or venue in mind to deliver this activity? \***

- Yes
- No

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

**What is the name of the park/venue? \***

**What is the address of the park/venue? \***

Address

  

Address Line 1, Suburb/Town, State/Province, and Postcode are required.

**Have you checked if this park/venue is available and suitable for your proposed activity? \***

Yes  No

You will be responsible for all aspects of organising this location/venue including payment and bookings, if your activity is successful.

**Is venue hire applicable? (Please don't include pool hire here) \***

Yes  No

Please note: there are no venue hire costs associated with delivery of an activity at a Council park.

**Are there pool hire costs to deliver this activity? \***

Yes  No

**Would you be willing to deliver this activity in an alternative location/venue? If so, please select all that apply: \***

- Yes, I can deliver this activity in a Council park
- Yes, I can deliver this activity in a community centre or facility
- No, the delivery location of this activity is not flexible
- Other:

**What suburbs of Logan are you willing to service? \***

- |   |   |  |   |
|---|---|--|---|
| <input type="checkbox"/> All suburbs in Logan | <input type="checkbox"/> Eagleby        | <input type="checkbox"/> Loganlea                | <input type="checkbox"/> Silverbark Ridge |
| <input type="checkbox"/> Bahrs Scrub          | <input type="checkbox"/> Edens Landing  | <input type="checkbox"/> Lyons                   | <input type="checkbox"/> Slacks Creek     |
| <input type="checkbox"/> Bannockburn          | <input type="checkbox"/> Flagstone      | <input type="checkbox"/> Maclean (North & South) | <input type="checkbox"/> Springwood       |
| <input type="checkbox"/> Beenleigh            | <input type="checkbox"/> Flinders Lakes | <input type="checkbox"/> Marsden                 | <input type="checkbox"/> Stockleigh       |
| <input type="checkbox"/> Belivah              | <input type="checkbox"/> Forestdale     | <input type="checkbox"/> Meadowbrook             | <input type="checkbox"/> Tamborine        |
| <input type="checkbox"/> Berrinba             | <input type="checkbox"/> Glenlogan      | <input type="checkbox"/> Monarch Glen            | <input type="checkbox"/> Tanah Merah      |
| <input type="checkbox"/> Bethania             | <input type="checkbox"/> Greenbank      | <input type="checkbox"/> Mount Warren Park       | <input type="checkbox"/> Underwood        |
| <input type="checkbox"/> Boronia Heights      | <input type="checkbox"/> Heritage Park  | <input type="checkbox"/> Mundoolun               | <input type="checkbox"/> Undullah         |
| <input type="checkbox"/> Browns Plains        | <input type="checkbox"/> Hillcrest      | <input type="checkbox"/> Munruben                | <input type="checkbox"/> Veresdale        |
| <input type="checkbox"/> Buccan               | <input type="checkbox"/> Holmview       | <input type="checkbox"/> New Beith               | <input type="checkbox"/> Veresdale Scrub  |
| <input type="checkbox"/> Carbrook             | <input type="checkbox"/> Jimboomba      | <input type="checkbox"/> Park Ridge              | <input type="checkbox"/> Waterford        |
| <input type="checkbox"/> Cedar Creek          | <input type="checkbox"/> Kagaru         | <input type="checkbox"/> Park Ridge South        | <input type="checkbox"/> Waterford West   |
| <input type="checkbox"/> Cedar Grove          | <input type="checkbox"/> Kairabah       | <input type="checkbox"/> Priestdale              | <input type="checkbox"/> Windaroo         |
| <input type="checkbox"/> Cedar Vale           | <input type="checkbox"/> Kingston       | <input type="checkbox"/> Regents Park            | <input type="checkbox"/> Wolffdene        |
| <input type="checkbox"/> Chambers Flat        | <input type="checkbox"/> Logan Central  | <input type="checkbox"/> Riverbend               | <input type="checkbox"/> Woodhill         |
| <input type="checkbox"/> Cornubia             | <input type="checkbox"/> Logan Reserve  | <input type="checkbox"/> Rochedale South         | <input type="checkbox"/> Woodridge        |
| <input type="checkbox"/> Crestmead            | <input type="checkbox"/> Logan Village  | <input type="checkbox"/> Shailer Park            | <input type="checkbox"/> Yarrabilba       |
| <input type="checkbox"/> Daisy Hill           | <input type="checkbox"/> Loganholme     |  |   |

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

**When looking at location options for your activity, please specify the following: \***

- I can deliver this activity in a Council park
- I can deliver this activity in a community centre or facility
- Other:

**Do you have any specific venue/location requirements for the delivery of your activity?**

## Activity Costs

### Participant Fees

A small fee can be charged to participants at each activity. These participant fees are collected and retained by you, as the provider. If you'd prefer not to accept money from participants the activity can be listed as 'free'.

Please consider the benefits to the community of providing a free or low-cost class and choose the smallest participant fee possible to help reduce barriers to participation.

It is important to note, \$5 per person is the maximum amount that can be charged to participants.

**What will the cost be for participants to attend your activity? \***

- Free (no cost)
- \$1
- \$2
- \$3
- \$4
- \$5

**Please explain why the activity costs differ: \***

### Service Provider Funding

Service provider funding of up to \$60 per hour is available for activities delivered in the Active and Healthy program. More detailed information about the [program funding, including FAQ's, can be found here.](#)

Value for money is an important consideration when programming Active and Healthy activities. Please consider the potential funds obtained by collecting participant fees for your activity, and what hourly service provider rate you require to deliver your activity.



# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Please be advised that the provider fee paid is reflective of the activity delivery time. For example, you may opt to be paid \$40/hour, but only deliver a 30 minute activity. You would therefore receive a \$20 service provider fee for the 30 minute activity.

**What hourly service provider rate would you need to be reimbursed in order to successfully deliver your activity: \***

- \$20/hour
- \$30/hour
- \$40/hour
- \$50/hour
- \$60/hour

\$60 per hour is the maximum service provider fee available

**Please provide a justification for the rate you have requested:**

Ensure you consider value for money and the funds collected from participant fees when deciding an hourly service provider rate.

**Do you require payment of the Allied Health subsidy (an additional \$10/hr for your activity in addition to your service provider fee) in order to deliver your activity? \***

- Yes
- No

**Cooking Class - Cost Breakdown**

To enable the delivery of cooking workshops, additional funding may be provided for consumables associated with your cooking class delivery. Items that may be funded include cooking ingredients, pantry essentials and consumable items including things such as paper towel and foil.

Please provide a detailed cost breakdown of any expenses you are requesting to be funded. Please ensure this cost breakdown is for one cooking class session. **Please do not include in-kind expenses in this cost breakdown.**

Please note, you may be required to show proof of consumable costs if your application progresses.

Expenses	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$

**Venue Hire Costs**

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

**What is the hourly rate to hire the venue?**

Must be a dollar amount.

Please be aware that you may be required to provide a quote for venue hire costs if your application is successful.

## Pool Hire - Cost Breakdown

To enable the delivery of activities requiring the use of a pool, additional funding may be provided to cover pool hire costs.

**Please provide a detailed cost breakdown of any expenses you are requesting to be funded. Please ensure this cost breakdown is reflective of the costs for one activity session (e.g. 1 hour class). Please do not include in-kind expenses in this cost breakdown.**

Please note, you may be required to show proof of pool hire costs if your application progresses.

Expenses	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$

## Access and Inclusion

Logan City Council are committed to ensuring that people of all abilities and backgrounds are able to fulfil their potential in the City of Logan.

Providers are expected to ensure activities are accessible and inclusive wherever possible.

**How will you ensure this activity is accessible and inclusive of the wider Logan community?**

This includes accessible classes for those with disability (visible and non-visible), and inclusive of those from diverse cultural backgrounds and our First Nations People.

## Booking Information

Activity contact information will be displayed to the general public for successful providers in the Active and Healthy booklet and as part of the wider marketing campaign. The information provided will consist of:

- trading name
- contact number

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

- email address
- booking webpage link (if relevant)

It is recommended you provide both a phone number and email address, however, if you would only like to provide one form of contact, please specify this below.

This contact information will be provided for all activities, whether or not bookings are required.

If bookings are required, please indicate below so we can ensure this is specified with your activity details.

**Are bookings required for your activity? \***

- Yes
- No

If bookings are not required, it is assumed that participants can show up on the day and partake in the activity

**Please provide the email address for general public information and bookings:**

Must be an email address.

**Please provide the phone number for general public information and bookings:**

Must be an Australian phone number.

**If participants are able to book via a website, please provide a link:**

Must be a URL.

**Are participants required to bring anything to the activity? If so, please specify: \***

## Activity Promotion

If successful, we will promote your activity in our Active and Healthy booklet and as part of our wider marketing campaign.

However, as the provider, you are ultimately responsible for the promotion and success of your individual activity/s. Activities which consistently have low or no attendance after a three month period may be removed from the program.

**What steps will you take to promote this activity to ensure success? \***

## Other Activity Information

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

**If there is any information about your activity that hasn't been covered above, please outline here:**

**Would you like to apply for another activity? \***

- Yes
- No

## Proposed Activity Information - Activity 7

*\* indicates a required field*

### Activity Outline

**What is the name of your activity? \***

Note: Activity name may be changed if successful.

**Please describe your activity: \***

Word count:

Must be at least 20 words.

**Would you describe this activity as gentle/low intensity - suitable for seniors, expectant mothers or those with injury? \***

- Yes
- No
- Not applicable

**What are the benefits of this activity for Logan residents? \***

Word count:

Must be at least 20 words.

Why is this activity needed in Logan?

**Which category does this activity best align with? \***

- Fitness
- Health and wellbeing
- Sport, recreation and outdoors
- Stretch and move

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Activities may be suitable for multiple categories, however, please choose which category is most reflective of this activity.

**Is this activity a cooking class? \***

- Yes
- No

## Activity Delivery

**What format is this activity delivered in? \***

- In person
- Online

**Is this activity for a particular age group? \***

- Yes
- No (all ages)

E.g. children, over 50's, youth (12-17 years)

**Please specify what age group this activity is for? \***

**Is there a minimum or maximum age that can attend? \***

E.g. participants may need to be a minimum of 12 years of age to take part safely.

**What is the maximum number of participants that can attend each session? \***

Must be a number.  
Please keep in mind venue capacity and safe ratio of participants to facilitator.

**How long will this activity run per session? \***

The length of time your activity will take to be delivered e.g. 1 hour.

**What is your preferred time of day to deliver this activity? \***

Please indicate an idea of time e.g. 9am or if flexible: mid-morning.

**Would you be able to deliver this activity outside of standard business hours? \***

- Yes, before 9am
- Yes, after 5pm
- Available on weekends
- No, unable to deliver outside of business hours
- Other:

Please select all that apply.

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

## How often will this activity be delivered? \*

E.g. Is your activity a one-off cooking workshop or a weekly bootcamp activity that occurs every Thursday?

## What day/s of the week would you be able to deliver this activity? \*

Mondays  Tuesdays  Wednesdays  Thursdays  Fridays  Saturdays  Sundays

Please select all that apply.

## Will this activity be delivered during the school holidays? \*

Yes  No

Providers are able to decide if their activity will continue to be delivered during school holidays.

## What date/s will this activity be delivered? \*

Please outline specific activity date/s between 1 July 2023 and 30 June 2024.

## Please specify: \*

Please outline when your activity would be delivered.

## Is this activity already being delivered in the community? \*

Yes  No

## Is the activity already being delivered happening at the same day, time and location as requested above in your application? \*

Yes  No

## Does the existing activity currently receive funding for delivery? \*

Yes  No

## Please provide more information as to why this existing activity requires Active and Healthy funding: \*

### Cooking Class Delivery

If you are delivering a cooking or nutrition class, it is important for us to understand more about your classes and what is involved in their delivery.

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Please note that cooking class messaging should align with the [Australian Dietary Guidelines](#).

**Please describe what is involved in the delivery of your sessions, including set up and delivery: \***

Please ensure you describe the set-up, menu/recipes, preparation time etc.

**If you are delivering a cooking class, how will your activity be delivered? \***

- Demonstration
- Group activity (shared cooking)
- Hands-on class (each participant cooks their own meal)

**Please upload a sample menu (optional):**

Attach a file:

This will assist in providing us with a better understanding of your activity.

## Qualifications

**Are you delivering this activity as an Allied Health Professional? \***

- Yes
- No

**What experience or qualifications do you have to deliver this activity? \***

**Please attach a copy of your relevant qualifications for this activity (if relevant)**

Attach a file:

**How does your qualification as an Allied Health Professional assist in the facilitation of this activity? \***

**Please upload a copy of your allied health qualifications: \***

Attach a file:

## Activity Location

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

The Active and Healthy program is a Logan City Council funded program. The program gives preference to the use of our [parks](#) and community facilities. Activities delivered in a [Council Community Centre](#) or community facility may be eligible to have venue hire costs reimbursed if a [Council park](#) is not a suitable option for activity delivery. **It is important to note that no venue hire will be paid for activities delivered in your place of business.**

Activities must be delivered within the City of Logan. A map of Logan City can be found [here](#).

Locations may be negotiated with you to ensure an even spread of activities across the City. The more flexible you are with activity locations, the better.

Activity delivery locations and any associated venue hire costs will be negotiated with the Community Programming Officer. If you are requesting venue hire, you may be required to provide proof of venue hire costs if your application progresses.

**Please note, it is solely your responsibility to make all relevant bookings in local parks and venues, should you be successful and this will be communicated to you on successful application.**

**Do you have a park, community centre, or venue in mind to deliver this activity? \***

- Yes
- No

**What is the name of the park/venue? \***

**What is the address of the park/venue? \***

Address

  

Address Line 1, Suburb/Town, State/Province, and Postcode are required.

**Have you checked if this park/venue is available and suitable for your proposed activity? \***

- Yes
- No

You will be responsible for all aspects of organising this location/venue including payment and bookings, if your activity is successful.

**Is venue hire applicable? (Please don't include pool hire here)**

- Yes
- No

Please note: there are no venue hire costs associated with delivery of an activity at a Council park.

**Are there pool hire costs to deliver this activity? \***

- Yes
- No

**Would you be willing to deliver this activity in an alternative location/venue? If so, please select all that apply: \***

- Yes, I can deliver this activity in a Council park
- Yes, I can deliver this activity in a community centre or facility
- No, the delivery location of this activity is not flexible



# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Other:

**What suburbs of Logan are you willing to service? \***

- |   |   |  |   |
|---|---|--|---|
| <input type="checkbox"/> All suburbs in Logan | <input type="checkbox"/> Eagleby        | <input type="checkbox"/> Loganlea                | <input type="checkbox"/> Silverbark Ridge |
| <input type="checkbox"/> Bahrs Scrub          | <input type="checkbox"/> Edens Landing  | <input type="checkbox"/> Lyons                   | <input type="checkbox"/> Slacks Creek     |
| <input type="checkbox"/> Bannockburn          | <input type="checkbox"/> Flagstone      | <input type="checkbox"/> Maclean (North & South) | <input type="checkbox"/> Springwood       |
| <input type="checkbox"/> Beenleigh            | <input type="checkbox"/> Flinders Lakes | <input type="checkbox"/> Marsden                 | <input type="checkbox"/> Stockleigh       |
| <input type="checkbox"/> Belivah              | <input type="checkbox"/> Forestdale     | <input type="checkbox"/> Meadowbrook             | <input type="checkbox"/> Tamborine        |
| <input type="checkbox"/> Berrinba             | <input type="checkbox"/> Glenlogan      | <input type="checkbox"/> Monarch Glen            | <input type="checkbox"/> Tanah Merah      |
| <input type="checkbox"/> Bethania             | <input type="checkbox"/> Greenbank      | <input type="checkbox"/> Mount Warren Park       | <input type="checkbox"/> Underwood        |
| <input type="checkbox"/> Boronia Heights      | <input type="checkbox"/> Heritage Park  | <input type="checkbox"/> Mundoolun               | <input type="checkbox"/> Undullah         |
| <input type="checkbox"/> Browns Plains        | <input type="checkbox"/> Hillcrest      | <input type="checkbox"/> Munruben                | <input type="checkbox"/> Veresdale        |
| <input type="checkbox"/> Buccan               | <input type="checkbox"/> Holmview       | <input type="checkbox"/> New Beith               | <input type="checkbox"/> Veresdale Scrub  |
| <input type="checkbox"/> Carbrook             | <input type="checkbox"/> Jimboomba      | <input type="checkbox"/> Park Ridge              | <input type="checkbox"/> Waterford        |
| <input type="checkbox"/> Cedar Creek          | <input type="checkbox"/> Kagaru         | <input type="checkbox"/> Park Ridge South        | <input type="checkbox"/> Waterford West   |
| <input type="checkbox"/> Cedar Grove          | <input type="checkbox"/> Kairabah       | <input type="checkbox"/> Priestdale              | <input type="checkbox"/> Windaroo         |
| <input type="checkbox"/> Cedar Vale           | <input type="checkbox"/> Kingston       | <input type="checkbox"/> Regents Park            | <input type="checkbox"/> Wolffdene        |
| <input type="checkbox"/> Chambers Flat        | <input type="checkbox"/> Logan Central  | <input type="checkbox"/> Riverbend               | <input type="checkbox"/> Woodhill         |
| <input type="checkbox"/> Cornubia             | <input type="checkbox"/> Logan Reserve  | <input type="checkbox"/> Rochedale South         | <input type="checkbox"/> Woodridge        |
| <input type="checkbox"/> Crestmead            | <input type="checkbox"/> Logan Village  | <input type="checkbox"/> Shailer Park            | <input type="checkbox"/> Yarrabilba       |
| <input type="checkbox"/> Daisy Hill           | <input type="checkbox"/> Loganholme     |  |   |

**When looking at location options for your activity, please specify the following: \***

- I can deliver this activity in a Council park
- I can deliver this activity in a community centre or facility
- Other:

**Do you have any specific venue/location requirements for the delivery of your activity?**

## Activity Costs

### Participant Fees

A small fee can be charged to participants at each activity. These participant fees are collected and retained by you, as the provider. If you'd prefer not to accept money from participants the activity can be listed as 'free'.

Please consider the benefits to the community of providing a free or low-cost class and choose the smallest participant fee possible to help reduce barriers to participation.

It is important to note, \$5 per person is the maximum amount that can be charged to participants.

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

**What will the cost be for participants to attend your activity? \***

- Free (no cost)
- \$1
- \$2
- \$3
- \$4
- \$5

**Please explain why the activity costs differ: \***

**Service Provider Funding**

Service provider funding of up to \$60 per hour is available for activities delivered in the Active and Healthy program. More detailed information about the [program funding, including FAQ's, can be found here.](#)

Value for money is an important consideration when programming Active and Healthy activities. Please consider the potential funds obtained by collecting participant fees for your activity, and what hourly service provider rate you require to deliver your activity.

Please be advised that the provider fee paid is reflective of the activity delivery time. For example, you may opt to be paid \$40/hour, but only deliver a 30 minute activity. You would therefore receive a \$20 service provider fee for the 30 minute activity.

**What hourly service provider rate would you need to be reimbursed in order to successfully deliver your activity: \***

- \$20/hour
- \$30/hour
- \$40/hour
- \$50/hour
- \$60/hour

\$60 per hour is the maximum service provider fee available

**Please provide a justification for the rate you have requested:**

Ensure you consider value for money and the funds collected from participant fees when deciding an hourly service provider rate.

**Do you require payment of the Allied Health subsidy (an additional \$10/hr for your activity in addition to your service provider fee) in order to deliver your activity? \***

- Yes
- No

**Cooking Class - Cost Breakdown**

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

To enable the delivery of cooking workshops, additional funding may be provided for consumables associated with your cooking class delivery. Items that may be funded include cooking ingredients, pantry essentials and consumable items including things such as paper towel and foil.

Please provide a detailed cost breakdown of any expenses you are requesting to be funded. Please ensure this cost breakdown is for one cooking class session. **Please do not include in-kind expenses in this cost breakdown.**

Please note, you may be required to show proof of consumable costs if your application progresses.

Expenses	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$

## Venue Hire Costs

**What is the hourly rate to hire the venue?**

Must be a dollar amount.

Please be aware that you may be required to provide a quote for venue hire costs if your application is successful.

## Pool Hire - Cost Breakdown

To enable the delivery of activities requiring the use of a pool, additional funding may be provided to cover pool hire costs.

**Please provide a detailed cost breakdown of any expenses you are requesting to be funded. Please ensure this cost breakdown is reflective of the costs for one activity session (e.g. 1 hour class). Please do not include in-kind expenses in this cost breakdown.**

Please note, you may be required to show proof of pool hire costs if your application progresses.

Expenses	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

## Access and Inclusion

Logan City Council are committed to ensuring that people of all abilities and backgrounds are able to fulfil their potential in the City of Logan.

Providers are expected to ensure activities are accessible and inclusive wherever possible.

### **How will you ensure this activity is accessible and inclusive of the wider Logan community? \***

Word count:

Must be at least 20 words.

This includes accessible classes for those with disability (visible and non-visible), and inclusive of those from diverse cultural backgrounds and our First Nations People.

## Booking Information

Activity contact information will be displayed to the general public for successful providers in the Active and Healthy booklet and as part of the wider marketing campaign. The information provided will consist of:

- trading name
- contact number
- email address
- booking webpage link (if relevant)

It is recommended you provide both a phone number and email address, however, if you would only like to provide one form of contact, please specify this below.

This contact information will be provided for all activities, whether or not bookings are required.

If bookings are required, please indicate below so we can ensure this is specified with your activity details.

### **Are bookings required for your activity? \***

- Yes  
 No

If bookings are not required, it is assumed that participants can show up on the day and partake in the activity

### **Please provide the email address for general public information and bookings:**

Must be an email address.

### **Please provide the phone number for general public information and bookings:**

Must be an Australian phone number.

### **If participants are able to book via a website, please provide a link:**

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Must be a URL.

**Are participants required to bring anything to the activity? If so, please specify: \***

## Activity Promotion

If successful, we will promote your activity in our Active and Healthy booklet and as part of our wider marketing campaign.

However, as the provider, you are ultimately responsible for the promotion and success of your individual activity/s. Activities which consistently have low or no attendance after a three month period may be removed from the program.

**What steps will you take to promote this activity to ensure success? \***

## Other Activity Information

**If there is any information about your activity that hasn't been covered above, please outline here:**

**Would you like to apply for another activity? \***

- Yes
- No

## Proposed Activity Information - Activity 8

\* indicates a required field

### Activity Outline

**What is the name of your activity? \***

Note: Activity name may be changed if successful.

**Please describe your activity: \***

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Word count:  
Must be at least 20 words.

**Would you describe this activity as gentle/low intensity - suitable for seniors, expectant mothers or those with injury? \***

- Yes
- No
- Not applicable

**What are the benefits of this activity for Logan residents? \***

Word count:  
Must be at least 20 words.  
Why is this activity needed in Logan?

**Which category does this activity best align with? \***

- Fitness
- Health and wellbeing
- Sport, recreation and outdoors
- Stretch and move

Activities may be suitable for multiple categories, however, please choose which category is most reflective of this activity.

**Is this activity a cooking class? \***

- Yes
- No

## Activity Delivery

**What format is this activity delivered in? \***

- In person
- Online

**Is this activity for a particular age group? \***

- Yes
- No (all ages)

E.g. children, over 50's, youth (12-17 years)

**Please specify what age group this activity is for? \***

**Is there a minimum or maximum age that can attend? \***

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

E.g. participants may need to be a minimum of 12 years of age to take part safely.

**What is the maximum number of participants that can attend each session? \***

Must be a number.  
Please keep in mind venue capacity and safe ratio of participants to facilitator.

**How long will this activity run per session? \***

The length of time your activity will take to be delivered e.g. 1 hour.

**What is your preferred time of day to deliver this activity? \***

Please indicate an idea of time e.g. 9am or if flexible: mid-morning.

**Would you be able to deliver this activity outside of standard business hours? \***

- Yes, before 9am
- Yes, after 5pm
- Available on weekends
- No, unable to deliver outside of business hours
- Other:

Please select all that apply.

**How often will this activity be delivered? \***

E.g. Is your activity a one-off cooking workshop or a weekly bootcamp activity that occurs every Thursday?

**What day/s of the week would you be able to deliver this activity? \***

- Mondays
- Tuesdays
- Wednesdays
- Thursdays
- Fridays
- Saturdays
- Sundays

Please select all that apply.

**Will this activity be delivered during the school holidays? \***

- Yes
- No

Providers are able to decide if their activity will continue to be delivered during school holidays.

**What date/s will this activity be delivered? \***

Please outline specific activity date/s between 1 July 2023 and 30 June 2024.

**Please specify: \***

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

Please outline when your activity would be delivered.

**Is this activity already being delivered in the community? \***

- Yes  No

**Is the activity already being delivered happening at the same day, time and location as requested above in your application? \***

- Yes  No

**Does the existing activity currently receive funding for delivery? \***

- Yes  No

**Please provide more information as to why this existing activity requires Active and Healthy funding: \***

## Cooking Class Delivery

If you are delivering a cooking or nutrition class, it is important for us to understand more about your classes and what is involved in their delivery.

Please note that cooking class messaging should align with the [Australian Dietary Guidelines](#).

**Please describe what is involved in the delivery of your sessions, including set up and delivery: \***

Please ensure you describe the set-up, menu/recipes, preparation time etc.

**If you are delivering a cooking class, how will your activity be delivered? \***

- Demonstration  
 Group activity (shared cooking)  
 Hands-on class (each participant cooks their own meal)

**Please upload a sample menu (optional):**

Attach a file:

This will assist in providing us with a better understanding of your activity.

## Qualifications



# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

**Are you delivering this activity as an Allied Health Professional? \***

- Yes
- No

**What experience or qualifications do you have to deliver this activity? \***

**Please attach a copy of your relevant qualifications for this activity (if relevant)**

Attach a file:

**How does your qualification as an Allied Health Professional assist in the facilitation of this activity? \***

**Please upload a copy of your allied health qualifications: \***

Attach a file:

## Activity Location

The Active and Healthy program is a Logan City Council funded program. The program gives preference to the use of our [parks](#) and community facilities. Activities delivered in a [Council Community Centre](#) or community facility may be eligible to have venue hire costs reimbursed if a [Council park](#) is not a suitable option for activity delivery. **It is important to note that no venue hire will be paid for activities delivered in your place of business.**

Activities must be delivered within the City of Logan. A map of Logan City can be found [here](#).

Locations may be negotiated with you to ensure an even spread of activities across the City. The more flexible you are with activity locations, the better.

Activity delivery locations and any associated venue hire costs will be negotiated with the Community Programming Officer. If you are requesting venue hire, you may be required to provide proof of venue hire costs if your application progresses.

**Please note, it is solely your responsibility to make all relevant bookings in local parks and venues, should you be successful and this will be communicated to you on successful application.**

**Do you have a park, community centre, or venue in mind to deliver this activity? \***

- Yes
- No

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

**What is the name of the park/venue? \***

**What is the address of the park/venue? \***

Address

  

Address Line 1, Suburb/Town, State/Province, and Postcode are required.

**Have you checked if this park/venue is available and suitable for your proposed activity? \***

Yes  No

You will be responsible for all aspects of organising this location/venue including payment and bookings, if your activity is successful.

**Is venue hire applicable? (Please don't include pool hire here) \***

Yes  No

Please note: there are no venue hire costs associated with delivery of an activity at a Council park.

**Are there pool hire costs to deliver this activity? \***

Yes  No

**Would you be willing to deliver this activity in an alternative location/venue? If so, please select all that apply: \***

- Yes, I can deliver this activity in a Council park
- Yes, I can deliver this activity in a community centre or facility
- No, the delivery location of this activity is not flexible
- Other:

**What suburbs of Logan are you willing to service? \***

- |   |   |  |   |
|---|---|--|---|
| <input type="checkbox"/> All suburbs in Logan | <input type="checkbox"/> Eagleby        | <input type="checkbox"/> Loganlea                | <input type="checkbox"/> Silverbark Ridge |
| <input type="checkbox"/> Bahrs Scrub          | <input type="checkbox"/> Edens Landing  | <input type="checkbox"/> Lyons                   | <input type="checkbox"/> Slacks Creek     |
| <input type="checkbox"/> Bannockburn          | <input type="checkbox"/> Flagstone      | <input type="checkbox"/> Maclean (North & South) | <input type="checkbox"/> Springwood       |
| <input type="checkbox"/> Beenleigh            | <input type="checkbox"/> Flinders Lakes | <input type="checkbox"/> Marsden                 | <input type="checkbox"/> Stockleigh       |
| <input type="checkbox"/> Belivah              | <input type="checkbox"/> Forestdale     | <input type="checkbox"/> Meadowbrook             | <input type="checkbox"/> Tamborine        |
| <input type="checkbox"/> Berrinba             | <input type="checkbox"/> Glenlogan      | <input type="checkbox"/> Monarch Glen            | <input type="checkbox"/> Tanah Merah      |
| <input type="checkbox"/> Bethania             | <input type="checkbox"/> Greenbank      | <input type="checkbox"/> Mount Warren Park       | <input type="checkbox"/> Underwood        |
| <input type="checkbox"/> Boronia Heights      | <input type="checkbox"/> Heritage Park  | <input type="checkbox"/> Mundoolun               | <input type="checkbox"/> Undullah         |
| <input type="checkbox"/> Browns Plains        | <input type="checkbox"/> Hillcrest      | <input type="checkbox"/> Munruben                | <input type="checkbox"/> Veresdale        |
| <input type="checkbox"/> Buccan               | <input type="checkbox"/> Holmview       | <input type="checkbox"/> New Beith               | <input type="checkbox"/> Veresdale Scrub  |
| <input type="checkbox"/> Carbrook             | <input type="checkbox"/> Jimboomba      | <input type="checkbox"/> Park Ridge              | <input type="checkbox"/> Waterford        |
| <input type="checkbox"/> Cedar Creek          | <input type="checkbox"/> Kagaru         | <input type="checkbox"/> Park Ridge South        | <input type="checkbox"/> Waterford West   |
| <input type="checkbox"/> Cedar Grove          | <input type="checkbox"/> Kairabah       | <input type="checkbox"/> Priestdale              | <input type="checkbox"/> Windaroo         |
| <input type="checkbox"/> Cedar Vale           | <input type="checkbox"/> Kingston       | <input type="checkbox"/> Regents Park            | <input type="checkbox"/> Wolffdene        |
| <input type="checkbox"/> Chambers Flat        | <input type="checkbox"/> Logan Central  | <input type="checkbox"/> Riverbend               | <input type="checkbox"/> Woodhill         |
| <input type="checkbox"/> Cornubia             | <input type="checkbox"/> Logan Reserve  | <input type="checkbox"/> Rochedale South         | <input type="checkbox"/> Woodridge        |
| <input type="checkbox"/> Crestmead            | <input type="checkbox"/> Logan Village  | <input type="checkbox"/> Shailer Park            | <input type="checkbox"/> Yarrabilba       |
| <input type="checkbox"/> Daisy Hill           | <input type="checkbox"/> Loganholme     |  |   |

# Active and Healthy Program 2023/2024 - Request for Proposal Form Preview

**When looking at location options for your activity, please specify the following: \***

- I can deliver this activity in a Council park
- I can deliver this activity in a community centre or facility
- Other:

**Do you have any specific venue/location requirements for the delivery of your activity?**

## Activity Costs

### Participant Fees

A small fee can be charged to participants at each activity. These participant fees are collected and retained by you, as the provider. If you'd prefer not to accept money from participants the activity can be listed as 'free'.

Please consider the benefits to the community of providing a free or low-cost class and choose the smallest participant fee possible to help reduce barriers to participation.

It is important to note, \$5 per person is the maximum amount that can be charged to participants.

**What will the cost be for participants to attend your activity? \***

- Free (no cost)
- \$1
- \$2
- \$3
- \$4
- \$5

**Please explain why the activity costs differ: \***

### Service Provider Funding

Service provider funding of up to \$60 per hour is available for activities delivered in the Active and Healthy program. More detailed information about the [program funding, including FAQ's, can be found here.](#)

Value for money is an important consideration when programming Active and Healthy activities. Please consider the potential funds obtained by collecting participant fees for your activity, and what hourly service provider rate you require to deliver your activity.

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Please be advised that the provider fee paid is reflective of the activity delivery time. For example, you may opt to be paid \$40/hour, but only deliver a 30 minute activity. You would therefore receive a \$20 service provider fee for the 30 minute activity.

**What hourly service provider rate would you need to be reimbursed in order to successfully deliver your activity: \***

- \$20/hour
- \$30/hour
- \$40/hour
- \$50/hour
- \$60/hour

\$60 per hour is the maximum service provider fee available

**Please provide a justification for the rate you have requested:**

Ensure you consider value for money and the funds collected from participant fees when deciding an hourly service provider rate.

**Do you require payment of the Allied Health subsidy (an additional \$10/hr for your activity in addition to your service provider fee) in order to deliver your activity? \***

- Yes
- No

**Cooking Class - Cost Breakdown**

To enable the delivery of cooking workshops, additional funding may be provided for consumables associated with your cooking class delivery. Items that may be funded include cooking ingredients, pantry essentials and consumable items including things such as paper towel and foil.

Please provide a detailed cost breakdown of any expenses you are requesting to be funded. Please ensure this cost breakdown is for one cooking class session. **Please do not include in-kind expenses in this cost breakdown.**

Please note, you may be required to show proof of consumable costs if your application progresses.

Expenses	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$

**Venue Hire Costs**

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**What is the hourly rate to hire the venue?**

Must be a dollar amount.

Please be aware that you may be required to provide a quote for venue hire costs if your application is successful.

## Pool Hire - Cost Breakdown

To enable the delivery of activities requiring the use of a pool, additional funding may be provided to cover pool hire costs.

**Please provide a detailed cost breakdown of any expenses you are requesting to be funded. Please ensure this cost breakdown is reflective of the costs for one activity session (e.g. 1 hour class). Please do not include in-kind expenses in this cost breakdown.**

Please note, you may be required to show proof of pool hire costs if your application progresses.

Expenses	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$

## Access and Inclusion

Logan City Council are committed to ensuring that people of all abilities and backgrounds are able to fulfil their potential in the City of Logan.

Providers are expected to ensure activities are accessible and inclusive wherever possible.

**How will you ensure this activity is accessible and inclusive of the wider Logan community? \***

Word count:

Must be at least 20 words.

This includes accessible classes for those with disability (visible and non-visible), and inclusive of those from diverse cultural backgrounds and our First Nations People.

## Booking Information

Activity contact information will be displayed to the general public for successful providers in the Active and Healthy booklet and as part of the wider marketing campaign. The information provided will consist of:

- trading name

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- contact number
- email address
- booking webpage link (if relevant)

It is recommended you provide both a phone number and email address, however, if you would only like to provide one form of contact, please specify this below.

This contact information will be provided for all activities, whether or not bookings are required.

If bookings are required, please indicate below so we can ensure this is specified with your activity details.

**Are bookings required for your activity? \***

- Yes
- No

If bookings are not required, it is assumed that participants can show up on the day and partake in the activity

**Please provide the email address for general public information and bookings:**

Must be an email address.

**Please provide the phone number for general public information and bookings:**

Must be an Australian phone number.

**If participants are able to book via a website, please provide a link:**

Must be a URL.

**Are participants required to bring anything to the activity? If so, please specify: \***

## Activity Promotion

If successful, we will promote your activity in our Active and Healthy booklet and as part of our wider marketing campaign.

However, as the provider, you are ultimately responsible for the promotion and success of your individual activity/s. Activities which consistently have low or no attendance after a three month period may be removed from the program.

**What steps will you take to promote this activity to ensure success? \***

## Other Activity Information

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**If there is any information about your activity that hasn't been covered above, please outline here:**

## Provider Certification

\* indicates a required field

If your application is successful and to ensure program eligibility, you will need to supply us with the following when requested:

- \$20 million public liability insurance certificate
- accredited first aid and CPR qualifications (for at least one facilitator at each activity)
- copies of blue cards for all facilitators, if required by Blue Card Services
- a copy of the risk management plan for your activity
- copies of qualifications of facilitators delivering your activity (if relevant)

Providers must ensure certificates and insurance are maintained for the duration of the activity and certification must be renewed prior to the expiry dates.

**If your application is successful, copies of all certification will be requested by the Active and Healthy team before you are contracted. Copies will need to be provided, even if you have supplied this information to Council previously.**

If your activity/s are successfully programmed, do you agree to the following:

**I currently have, or am able to obtain, the certification outlined above \***

- Yes
- No

**I will provide copies of my certification, if programmed, and will ensure these are current for the duration of activity delivery \***

- Yes
- No

It is a requirement that providers obtain the required certification and provide copies to Logan City Council in order to be contracted as a service provider for the Active and Healthy program. These certificates must be kept current for the duration of activity delivery. Failure to supply this information will lead to contract termination.

Please ensure you are able to provide the certification required and agree to the terms outlined by selecting 'yes' in the questions above.

If you have any concerns around obtaining the relevant certification, please call the Active and Healthy team on 3412 4423 before submitting your application.

## Declaration

\* indicates a required field

**Do you have any additional comments you'd like to include in regards to your application?**

## Activities and COVID-19

It is important you take into consideration the health advice from the [Queensland Government](#) regarding COVID-19 and the impact this may have on the delivery of any programmed activity/s.

The responsibility lies with you, as a business and service provider, to keep up-to-date and in line with the latest requirements from the Queensland Government which may impact the delivery of your classes. Logan City Council does not have the power and will not be enforcing any guidelines, nor will Logan City Council be making any suggestions as to what you can and can't do.

**In regards to delivering your activity, have you taken any relevant health advice into consideration? \***

- Yes
- No

## Willingness to work with Local Government

If successful as an Active and Healthy program service provider, you will be required to:

- sign a contract with Council
- complete a provider induction
- take bookings for your activity (if required) and respond to general enquiries
- ensure that every participant completes a registration form each block, even if they have completed one before
- complete end-of-block reporting, providing all registration forms to Council and an invoice by the due date stated in your contract
- accept Council's payment terms and conditions (payment will be made 14 days from the date of invoice, subject to reporting completion)
- wear an Active and Healthy t-shirt and display a corflute sign at every activity (these will be provided to you)
- update Council with relevant certification and qualifications as it becomes out of date
- book your venue and arrange payment for the hire costs, if required (Council will reimburse you for this once your activities are delivered). If you want to run your activity in a local park, you'll need to make a booking with Council's parks department at [logan.qld.gov.au/parks](http://logan.qld.gov.au/parks).



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- assist Council in promoting your activity. All promotional material must include Active and Healthy wording and Council logos.

## **Privacy Collection Notice:**

*Logan City Council is collecting your personal information for the purposes of assessing your application. Your personal information may be accessed by employees, contractors, and/or Councillors of Logan City Council, and other Government agencies. Your personal information will be handled in accordance with the Information Privacy Act 2009 (Qld) and may be released to other parties where Logan City Council is required or authorised by law to do so. For more information on Council's Privacy Policy, see [logan.qld.gov.au/about-council/contact-us/privacy](https://logan.qld.gov.au/about-council/contact-us/privacy)*

## **Transfer of personal information overseas**

*Logan City Council is utilising software that is located overseas to create this online form. You are agreeing that your personal information may be transferred and/or stored in an overseas facility.*

## **I am happy with the above and am willing to work with Council \***

- Agree
- Do not agree

\*

First Name

Last Name

**Date \***

Thank you for taking the time to put together an application. Once submitted, you will receive a confirmation email. If you do not receive this email, please ensure you have properly submitted your application or check your junk email folder.

**If you do not receive a confirmation of submission email then you should presume that your application has not been submitted.**